

	7. Soil forming factors; Types of soil: Zonal, Azonal and Intrazonal	6	Bergeron-Findeisen theory, collision and coalescence. Forms of precipitation. 2. Air mass: Typology, origin, characteristics and modification.	3	Characteristics	
Oct	Theory: GEOG 1011. GEOTECTONICS AND GEOMORPHOLOGY(Major and Minor) UNIT I: Concepts in Geotectonic 4. Sea floor spreading: Process, evidences (Palaeomagnetism) Theory: 1031(MDC) PHYSICAL GEOGRAPHY 8. Classification of Natural Vegetation	5 4	Theory CC-5. Climatology Unit 2: Atmospheric Phenomena, Climate Change and Climatic Classification 3. Fronts: warm and cold; frontogenesis and frontolysis. 4. Weather: stability and instability; barotropic and baroclinic conditions.	2 3	Theory DSE-1: CULTURAL AND SETTLEMENT GEOGRAPHY Unit 2: Settlement 1. Scope and Content of Settlement Geography 2. Definition and Characteristics of Rural Settlement	3 2
Nov	Theory: GEOG 1011. GEOTECTONICS AND GEOMORPHOLOGY(Major and Minor) UNIT I: Concepts in Geotectonic 5. Plate Tectonics: Mechanism of movements, vulcanism, genesis of earthquake and 6 Mountain building	6	Theory CC-5. Climatology Unit 2: Atmospheric Phenomena, Climate Change and Climatic Classification 5. Circulation in the atmosphere: Planetary winds, jet stream and monsoons 6. Tropical and mid-latitude cyclones. Practice classes	2 3 5	Theory DSE-1: CULTURAL AND SETTLEMENT GEOGRAPHY Unit 2: Settlement GEOGRAPHY 3. Rural Settlements: Site and Situation 4. Urban Settlements: Census Definition, Urban Outgrowth, Urban Agglomeration. Practice classes	2 3 5
Dec	Theory: GEOG 1011. GEOTECTONICS AND GEOMORPHOLOGY(Major and Minor) UNIT I: Concepts in Geotectonic 6. Folds and Faults: Origin and classification	5	Theory CC-5. Climatology Unit 2: Atmospheric Phenomena, Climate Change and Climatic Classification 7. Evidences and	2 3	Theory DSE-1: CULTURAL AND SETTLEMENT GEOGRAPHY Unit 2: Settlement GEOGRAPHY 5. Urban Morphology:	2

			causes of climate change 8. Climatic classification after Köppen, Thornthwaite (1948) Special class	5	Classical Models of Burgess, Hoyt, Harris and Ullman 6. Functional Classification of Cities: Harris and Nelson. Special class	3 5
	Sem-II (H)		Sem-IV (H)		Sem-VI (H)	
Jan	Theory: GEOG 2012 POPULATION AND SETTLEMENT GEOGRAPHY(Major and Minor) UNIT II: Settlement Geography 1. Development of Settlement Geography Theory GEOG 2032(MDC): HUMAN GEOGRAPHY 5. Definition and Types of Urban Settlements	4 6	Theory CC 9: ECONOMIC GEOGRAPHY Unit 1 1. Meaning and Approaches to Economic Geography 2. Concepts in Economic Geography: Goods; Services; Production; Consumption	3 2	Theory CC 13 : EVOLUTION OF GEOGRAPHICAL THOUGHT Unit 1: 1. Definition, Scope and Content of Geography; Geography as a Spatial Science 2. Geography in Ancient Period: Greek and Roman CC 14 : DISASTER MANAGEMENT Unit 1 1. Classification of hazards and disasters	3 3
Feb	Theory: GEOG 2012 POPULATION AND SETTLEMENT GEOGRAPHY(Major and Minor) UNIT II: Settlement Geography 2. Characteristics of Rural Settlement: Site, Situation, types and Pattern Theory GEOG 2032(MDC): HUMAN GEOGRAPHY 6. Major Ethnic groups of the World	5 6	Theory CC 9: ECONOMIC GEOGRAPHY Unit 1 3. Factors Influencing Location of Economic Activity and Forces of Agglomeration 4. Determining Factors of Transport Cost	3 2	Theory CC 13 : EVOLUTION OF GEOGRAPHICAL THOUGHT Unit 1: 3. Development of Geography in Medieval period: Arabian 4. Development of Mapping and Knowledge about the World Regional Geography in the Age of Explorations CC 14 : DISASTER MANAGEMENT Unit 1	2 3

					2. Approaches to hazard study: Risk perception and vulnerability assessment. Hazard paradigms	2
Mar	<p>Theory: GEOG 2012 POPULATION AND SETTLEMENT GEOGRAPHY(Major and Minor)</p> <p>UNIT II: Settlement Geography</p> <p>3. Morphology of rural Settlements</p>	4	<p>CC 9: ECONOMIC GEOGRAPHY</p> <p>Unit 2</p> <p>1. Concept and Classification of Economic Activities</p> <p>2. Location Theories: Von Thünen and Alfred Weber</p>	3	<p>CC 13 : EVOLUTION OF GEOGRAPHICAL THOUGHT</p> <p>Unit 1:</p> <p>5. Classical Geography in 19th Century: Humboldt, Ritter</p>	2
	<p>Theory</p> <p>GEOG 2032(MDC): HUMAN GEOGRAPHY</p> <p>7. Cultural Diffusion</p>	5			<p>6. Quantitative Revolution and its Critique</p> <p>CC 14 : DISASTER MANAGEMENT</p> <p>Unit 1</p> <p>3. Responses to hazards: Preparedness, trauma and aftermath. Resilience and capacity building.</p>	3
Apr	<p>Theory: GEOG 2012 POPULATION AND SETTLEMENT GEOGRAPHY(Major and Minor)</p> <p>UNIT II: Settlement Geography</p> <p>4. Urban Settlements: Census Definition, Urban Agglomeration; Urban sprawl, Rural-urban Continuum, Rurban and Periurban</p>	5	<p>CC 9: ECONOMIC GEOGRAPHY</p> <p>Unit 2</p> <p>3. Primary Activities: Subsistence and Commercial Agriculture; Forestry; Fishing</p> <p>4. Secondary Activities: Manufacturing (Iron and Steel in India and Japan, Petrochemical in India and USA)</p>	3	<p>CC 13 : EVOLUTION OF GEOGRAPHICAL THOUGHT</p> <p>Unit 2:</p> <p>1. German School of Thought</p> <p>2. French School of Thought</p>	3
	<p>Theory</p> <p>GEOG 2032(MDC): HUMAN GEOGRAPHY</p> <p>8. Indicators of Human Development</p>	5			<p>CC 14 : DISASTER MANAGEMENT</p> <p>Unit 1</p> <p>4. Hazards mapping: Data and techniques.</p>	2

May	Theory: GEOG 2012 POPULATION AND SETTLEMENT GEOGRAPHY(Major and Minor) UNIT II: Settlement Geography 5. Urban Morphology: Classical Models of Burgess, Hoyt, Harris and Ullman	6	CC 9: ECONOMIC GEOGRAPHY Unit 2 5. Tertiary Activities: Types of Trade and Services 6. Agricultural Systems: Tea Plantation in India and Mixed Farming in Europe Practice classes	3 2 5	CC 13 : EVOLUTION OF GEOGRAPHICAL THOUGHT Unit 2: 3. American School of Thought 4. Indian Contribution to Geography Practice classes	3 2 5
June	Theory: GEOG 2012 POPULATION AND SETTLEMENT GEOGRAPHY(Major and Minor) UNIT II: Settlement Geography 6. Central place theory and Hierarchy of settlements; Urban primacy	6	CC 9: ECONOMIC GEOGRAPHY Unit 2 7. Highways: Roles in Economic Development of India since 1990s 8. International Trade Blocs: WTO and OPEC Practice classes	3 2 5	CC 13 : EVOLUTION OF GEOGRAPHICAL THOUGHT Unit 2: 5. Concept of Determinism, Possibilism and Neo-Determinism 6. Approaches to the study of Geography: Systematic and Regional Practice classes	3 2 5

Chaitali Gorai

Department of Geography,
Suri Vidyasagar College

Hemanta Sutradhar

Head of the Department,
Department of Geography,
Suri Vidyasagar College



Academic Calendar
&
Teaching Plan

For Academic Sessions
2023-24

July-December 2023 Semester I, III, V
January-June 2024 Semester II, IV, VI

Department of History
Suri Vidyasagar College

Department of History
Academic Calendar
2023-24 Session

Academic Calendar Of
Suri Vidyasagar College

<u>Occasion/Event</u>	<u>Date</u>	<u>Day</u>	<u>No. of Holidays</u>	<u>No. of Working Days (Month wise)</u>
Birthday of Dr. Bidhan Chandra Roy	1 st July, 2023	Saturday	Nil	July-24 days (Sundays-05)
Vidyasagar Death Anniversary and Muharram*	29 th July, 2023	Saturday	01	
Independence Day	15 th August, 2023	Tuesday	01	August-25 days (Sundays-04)
Rakhi Bandhan	31 st August, 2023	Thursday	01	
Janmastami	6 th September, 2023	Wednesday	01	September-23 days (Sundays-04)
Biswakarma Puja	18 th September, 2023	Monday	01	
Fateha-Dwaz-Daham	28 th September, 2023	Thursday	01	
Birthday of Gandhiji	2 nd October, 2023	Monday	01	October-14 days (Sundays-05)
Mahalaya	14 th October, 2023	Saturday	01	
Puja Holidays (Durga Puja, Lakshmi Puja, etc.)	18 th October-28 th October, 2023	Wednesday to Saturday	10	
Puja Holidays (Additional Day on Kali Puja, Bhatridwitia, Birthday of Birsa Munda, etc.)	13 th Nov.-16 th Nov., 2023	Monday to Thursday	04	November-19 days (Sundays-04)
Chhat Puja (Additional Day)	20 th Nov., 2023	Monday	01	
Shri Shri Jagaddhatri Puja	21 st Nov., 2023	Tuesday	01	
Birthday of Guru Nanak	27 th Nov., 2023	Monday	01	
Christmas Day	25 th December, 2023	Monday	01	December-25 days (Sundays-05)
New Year's Day, 2024	1 st January, 2024	Monday	01	January- 22 days (Sundays-04)
Birth Day of Swami Vivekananda	12 th January, 2024	Friday	01	
Pous Parban/Makar Sankranti	15 th January, 2024	Monday	01	
Netaji's Birth Day	23 rd January, 2024	Tuesday	01	

Cont.

Republic Day	26 th January, 2024	Friday	01	
Saraswati Puja	14-15 th February, 2024	Wednesday & Thursday	02	February- 22 days (Sundays-04)
Sabebarat	26 th February, 2024	Monday	01	
Maha Shiva Ratri	8 th March, 2024	Friday	01	March- 21 days (Sundays-05)
College Foundation Day	9 th March, 2024	Saturday	01	
Doljatra & Holi	25-26 th March, 2024	Monday & Tuesday	02	
Good Friday	29 th March, 2024	Friday	01	
Birthday of Shri Shri Harichand Thakur	6 th April, 2024	Saturday	01	April-23 days (Sundays-04)
Eid-UI-Fitr	11-12 th April, 2024	Thursday & Friday	02	
May Day	1 st May, 2024	Wednesday	01	May-23 days (Sundays-05)
Birthday of Rabindranath Tagore	8 th May, 2024	Wednesday	01	
Buddha Purnima / Birthday of Pandit Raghunath Murmu	23 rd May, 2023	Thursday	01	
Id-Ud-Zoha (Bakrid)	17 th June, 2023	Monday	01	June-24 days (Sundays-05)
Principal's Discretion	-	-	04	

Kali Puja	12 th Nov., 2023	Sunday	00
Chhat Puja	19 th Nov., 2023	Sunday	00
A. Sen Death Anniversary	10 th December, 2023	Sunday	00
Birth Day of Dr. B.R. Ambedkar / Bengali New Year's Day	14 th April, 2024	Sunday	00

Part-B
Academic Calender in Brief

No. of Working Days	:	261
No. of Holidays	:	50
No. of Sundays	:	53
No. of Teaching Days (including Summer Recess)	:	231 (Approx)
No. Examination Days	:	30 days (Approx.)

DEPARTMENT OF HISTORY

COURSE DESIGN

SEMESTER- 1, 3 & 5

July-December 2023

COURSE	Major /Minor	PAPER NO.	TITLE OF THE PAPER	ALLOTTED TO
SEM 1 NEP	MAJOR	Paper-1 OR HIST 1011	History of India (From Earliest Times upto 6 th Century BCE)	AG
	SEC	Paper-1 HIST 1051	Understanding Indian Heritage	AC
	MINOR	Paper-1 HIST 1021	Ancient Indian History upto 550 CE	NC
	MD / ID	Paper-1 HIST 1031	History of India (1757 – 1857)	PSM
SEM 3 CBCS	HONOURS	CC-5	History of India - III (1206 -- 1525 AD)	PSM
		CC-6	Rise of Modern West – I (15 th & 16 th Centuries)	AG
		CC-7	History of India - IV (1526 AD -- 1757 AD)	AC
		SEC-1	Archives & Museums in India	NC
	GENERAL	CC-1C/ GE -3	History of India - III (From 1206 AD --1707 AD)	AC
		SEC-1	Archives & Museums in India	NC
SEM 5 CBCS	HONOURS	CC-11	History of Modern Europe - I (1789 AD - 1870 AD)	AC
		CC-12	Studying History Writing: Indian & Western	AG
		DSE-1	Life & Culture in Pre-Colonial Bengal (Pre-historic Times to Mid 18 th Century)	PSM
		DSE-2	Life & Culture in Colonial Bengal (1857-1947)	NC
	GENERAL	DSE-1A	Some Aspects of Society & Economy of Modern Europe : 15--18 th Century	PSM
		GE-1	Women Studies in India	AC
		SEC-3	An Introduction to Archaeology	AG

Teaching Plan
Semester 1, 3 & 5
July-- December 2023

1. Teaching Plan of Dr. Amiya Ghose for Semester I (Major)

Semester - I (Major)
Major Course Paper – I
HISTORY OF INDIA- I (From Earliest times to 6th Century BCE)
4 credits Total 75 marks (60 + 15)

4th August to 30th Sept., 2023

Unit -1 Meaning of History , Origin of the name Bharat, Concept of India or Bharat
Fundamental unity of India, Indian concept of time, space, scope and sources
(12 hours)

1st Oct. to 19th Oct. 2023

Unit -2 A broad survey of Palaeolithic, Mesolithic and Neolithic cultures
(12 hours)

30th Oct. to 10th Nov. 2023

Unit -3 Harrappan Civilization: Origin, extent, main features, Religion, Relationship with
other civilizations of the world, decline
(12 hours)

19th Nov. to 30th Nov. 2023

Unit -4 Vedic and Later Vedic Age: Coming of the Aryans and Aryan debate Vedic
economy, polity, society and religion, Science and technology, Environmental
conservation, Health consciousness- yoga and naturopathy
(8 hours)

1st Dec. to 31st Dec. 2023

Unit -4 Indian numerical system and Mathematics, Evolution of language, Indian
economic thoughts, Concept of land, forest and agriculture, Industry, Trade & Commerce
Unit - 5 Religious protest movement- Jainism and Buddhism
(16 hours)

ESSENTIAL READINGS:

1. R.S. Sharma, India's Ancient Past, New Delhi, OUP, 2007
2. Romila Thapar, Readings in Early Indian History, New Delhi, OUP, 2013
3. Romila Thapar, Bharat Barsher Itihas, (in Bengali) New Delhi, Orient Longman
4. Rajan Gururkhal- Social Formations of Early South India, OUP 2010.
5. Ram Sharan Sharma- Prachin Bharater Samajik O Arthanik Itihas (Bengali) New Delhi,
6. Ram Sharan Sharma - Bharater Prachin Atit, (in Bengali) New Delhi, Orient Longman
7. Ram Sharan Sharma - Prachin Bharater Bostugata Sanskriti O Samaj Gathan,(in Bengali)
8. Ranabir Chakraborty,- Bharat Itihaser Adiparba,(in Bengal) New Delhi, Orient Longman
9. Romila Thapar - Cultural Past: Essays in Early Indian History, New Delhi, OUP, 2013
10. A.L. Basham- The Wonder that was India
11. A.S. Altekar- Education in Ancient India.
12. Bhaskar Chattopadhyay-- Bharater Artha-Samajik O Rashtriya Byabostha: Prachin Jug (Bengali)

1. Teaching Plan of Dr. Partha Sankha Mazumdar for Semester III (Honours)

Semester - III (Honours)

Core Course Paper

PAPER V — HISTORY OF INDIA IV (circa 1206 CE–circa 1525 CE)

6 credits, Total 75 marks (60 + 15) Total – 60 Lectures

July-August 2023

I. Sources for studying/Interpreting the Delhi Sultanate

Survey of sources: Persian tarikh tradition; vernacular histories; epigraphy

II. Sultanate Political Structures

Foundation, expansion and consolidation of the Sultanate of Delhi; The Khaljis and the Tughluqs; Mongol threat and Timur's invasion; The Lodis: Conquest of Bahlul and Sikandar; Ibrahim Lodi and the battle of Panipat

Theories of kingship;

Ruling elites; Sufis, ulama and the political authority; imperial monuments and coinage

September –October 2023

III. Regional Political structures

Emergence of provincial dynasties: Bahamanis, Vijayanagar and Bengal

Consolidation of regional identities; regional art, architecture and literature

November 2023

IV. Sultanate Society and Economy-1

Iqta and the revenue-free grants

Agricultural production;

December 2023

V. Sultanate Society and Economy-2

Changes in rural society; revenue systems

Monetization; market regulations; growth of urban centers; trade and commerce; Indian Ocean trade.

VI. Religion and Culture

Sufi silsilas: Chishtis and Suhrawardis; doctrines and practices; social roles

Bhakti movements and monotheistic traditions in South and North India; Women Bhaktas;

Nathpanthis; Kabir, Nanak and the Sant tradition

ESSENTIAL READINGS-

1) Mohammad Habib and K.A. Nizami, eds, *Comprehensive History of India, Vol. V, The Delhi Sultanate.*

2) Satish Chandra, *Medieval India I.*

3) Peter Jackson, *The Delhi Sultanate.*

4) Tapan Raychaudhuri and Irfan Habib, eds, *Cambridge Economic History of India, Vol. I.*

5) K.A. Nizami, *Religion and Politics in the Thirteenth Century.*

6) W.H. McLeod, Karine Schomer, et al, Eds, *The Saints.*

7) S.A.A. Rizvi, *A History of Sufism in India, Vol. I.*

8) Mohibul Hasan, *Historians of Medieval India.*

9. অনিরুদ্ধ রায়, মধ্যযুগের ভারতের ইতিহাস,

10. সতীশচন্দ্র, মধ্যযুগের ভারত, প্রথম দ্বিতীয় খণ্ড

11. সুবোধ কুমার মুখোপাধ্যায়, আদিমধ্য ও মধ্যযুগে ভারত

3. Teaching Plan of Dr Asim Chaudhuri for Semester III (Honours)

Semester - III (Honours)

Core Course Paper

Paper CC-VII History of India (1526-1757AD)

6 Credits, Total-75 Marks (60+15) Total-60 Lectures

July, 2023

I. Sources and Historiography:

Persian Literary Culture; translation literature in regional languages.

August, 2023

II. Establishment of Mughal Rule:

Babur's invasion of India—struggle for Empire in North India—significance of Babur and Humayun's reign—significance of Afghan despotism and rise of Sher Shah to power his administrative and revenue reforms.

September, 2023

III. Akbar and consolidation of Mughal Empire:

Akbar's conquests—his Rajput Policy and administrative and religious reforms, reign of Jahangir, Noorjahan— her role in Imperial politics; The Mughals and the North Western Frontier and Central Asia. Making of a new Imperial system and administration, the Mughal nobility, Mansab and Jagir.

October, 2023

IV. Mughal Empire under Aurangzeb:

State and religion under Aurangzeb; issues in the war of succession; policies regarding religious groups and institutions—Conquests and limits of expansion—Beginning of the crisis contemporary perceptions, agrarian and Jagir crisis; revolts. Inland and ocean trade network.

November, 2023

V. Mughal Art, Architecture and Painting.

December, 2023

VI. Patterns of Regional Politics:

Rajput political, culture and state formation—Rise of Maratha power under Shivaji and expansion under the Peshwas—emergence of regional powers—Case studies of Maharashtra, Awadh and Bengal; Bengal Nawabs and the rise of the English East India Company in Bengal. Debate of the 18th century on the decline of the Mughal Empire.

Reference Books:

1. V.A. Smith, Oxford History of India; Cambridge History of India, Vols.III-VI
2. Majumdar, Ray Choudhury and Dutta, An Advanced History of India;
3. J.N.Sarkar, Studies in Mughal India; Mughal Administration; Fall of the Mughal Empire.
4. G.S.Sardesai, New History of the Marathas.
5. S.K.Saraswati, Mughal Architecture in the Mughal Empire.
6. J.C.Sinha, Economic Annals of Bengal.

3. Teaching Plan of Dr. Asim Chaudhuri for Semester V (Honours)

Semester - V (Honours)

Core Course Paper

Paper CC-XI (History of Modern Europe (1789-1870A.D))

6 credits, Total Marks 75(60+15) Total-60 Lectures

August, 2024

I. The French Revolution and its European repercussions:

Crisis of Ancient Regime—political, social, economic and intellectual background (role of philosophers) of the French Revolution.

The Revolution in the making— the Aristocratic Revolt and the consolidation of the Third Estate

The Constituent Assembly; Radicalization of the Revolution; The Reign of Terror and Thermidorian Reaction; social base of the Revolution—Sans Culottes, peasants, and women; the directory and its achievements and failures.

September, 2024

II. Napoleon Bonaparte and the French Revolution:

Rise of Napoleon; Napoleonic Reforms, Napoleonic Empire and Europe.

Fall of Napoleon: The Continental System, The Spanish Ulcer, The Moscow Campaign.

Assessment of Napoleon: Character of the French Revolution, Impact of French Revolution on Europe and abroad.

October 2024

III. Restoration and Revolution: 1815-1848:

Vienna Congress; Concert of Europe; Metternich System; Greek war of Independence; Revolution of 1830 and 1848 and their impact.

November, 2024

IV. Industrialization and socio-economic transformation:

Industrial Revolution; Definition and Characteristics; Pre-Industrial society; Industrial Revolution in Britain; Impact on society, economy and politics. Industrialization in the continents, case study of France, Germany and Russia. Emergence of working class and its movements; early Utopian socialist thoughts.

December, 2024

V. Age of Nationalism:

Unification of Italian Germany; Specificities of economic development, political and administrative reorganization—Italy and Germany;

The Second Empire in France and Louis Napoleon.

VI. The Eastern Question:

The Crimean War; Treaty of Paris, Balkan Nationalism.

Reference Books:

1. A. Cobban, A History of Modern France (Vol. I-II)

2. David Thomson, Europe Since Napoleon.

3. E.J. Hobsbawm, The Age of Revolution: Europe: 1789-1848.

4. Fisher, History of Europe

5. Grant and Temperly, Europe in the 19th and 20th Centuries.

6. J.A.R Marriot, The Eastern Question: A Study in European Diplomacy.

7. A.J.P. Taylore, The Course of German History.

8. Cavour and Garibaldi: Grandeur Decline.

3. Teaching Plan of Dr. Partha Sankha Mazumdar for Semester V (Honours)

Semester - V (Honours)
Discipline Specific Elective Paper-- I
LIFE AND CULTURE IN PRE-COLONIAL BENGAL:
Prehistoric times to mid 18th century.
6 Credits, Total 75 marks (60 + 15) Total Lectures – 60

July 2023

I. The land environs and places

Historical Geography- ancient and medieval divisions

II People and Society

Demography and ethnology – earliest inhabitants; Aryanization of Bengal; Rise of different castes and communities of Bengal; Life of the people-position of women, dress, foods, games and leisure, conveyance

August 2023

III. Political development of Bengal-an overview

Bengal up to Gupta period; Rise of sovereign Bengal; The Muslim invasion and rise of Islam in Bengal up to the rule of the Nawabs

IV. Economic life in Bengal

Agriculture, crafts and industries; Trade and commerce; Rise of Calcutta and Murshidabad; Emergence of Zamindari system.

September-October 2023

V. Religions and art in Bengal

Spread of Brahmanism and Brahmanic culture; Vaisnavism; Spread of Buddhism and Jainism; Islam and Bengal; Srichaitanya and Bhakti movement, Sufism; Architecture, sculpture and other forms of art; monastic and temple architecture with reference to Paharpur, Bishnupur; terracotta art.

November-December 2023

VI. Literature and traits of regional culture

a) Pre Bengali Sanskrit literature- kavyas, Jaydeb, UmapatiDhar, Dhoyi

b) The rise and development of Bengali language and literature- Charyapada; Kirtivasa and Kasiram Das, the Mangalkavyas,

c) Origin of Folk traditions of Bengal

ESSENTIAL READINGS-

1. Ramesh Chandra Majumdar, The History of Bengal, vol. 1 & 2

2. গোলাম মুরশিদ, হাজার বছরের বাংলার সংস্কৃতি

3. রমেশ চন্দ্র মজুমদার, বাংলাদেশের ইতিহাস, প্রাচীন যুগ

4. রমেশ চন্দ্র মজুমদার, বাংলাদেশের ইতিহাস, মধ্য যুগ

5. ভাস্কর চট্টোপাধ্যায়, গৌড়-বঙ্গের ইতিহাস ও সংস্কৃতি

6. নীহাররঞ্জন রায়, বাংলার ইতিহাস

Morning Section

1. Teaching Plan of Ujjwal Kr. Saha for Semester I (Major)

Semester - I (Major)
Major Course Paper – I
HISTORY OF INDIA- I
(From Earliest times to 6th Century BCE)
4 credits Total 75 marks (60 + 15)

August 2023

Unit 1: Meaning of History, Origin of the name Bharat, Concept of India or Bharat Fundamental, unity of India, Indian concept of time, space, scope and sources.

September-October-2023

Unit 2: A broad survey of Paleolithic, Mesolithic and Neolithic cultures.

Unit 3: Harrappan Civilization: Origin, extent, main features, Religion, Relationship with other civilizations of the world, decline.

November-2023

Unit 4: Vedic and Later Vedic Age: Coming of the Aryans and Aryan debate

Vedic economy, polity, society and religion

Science and technology, Environmental conservation,

Health consciousness- yoga

Naturopathy, Indian numerical system and Mathematics

Evolution of language.

Indian economic thoughts

Concept of land, forest and agriculture Industry, Trade.

December-2023

Unit 5: Religious protest movement- Jainism and Buddhism.

Reference Books:

A.L. Basham- The Wonder that was India

A.S. Altekar- Education in Ancient India.

Faith Robertson Elliott - Gender Family and Society

G. Arrhenius – Evolution for Space

R.K. Mookherjee – The Fundamental Unity of India

Radha Kumud Mookherjee- Indian Education System.

Srinivas , M.N- Social Change in Modern India.

Will Durant- The Story of Civilization

Singh Y- Modernization of Indian Tradition.

Sinha Gaurab: Prajithasik o Vaidik Jug er Bharat

Carr, E.H. What is History

History and Culture of the Indian People, Vol-I & II, Bharatiya Vidya Bhavana

Chattopadhyay, Bhaskar, Bharater Artha-Samajik O Rashtriya Byabostha: Prachin Jug

DEPARTMENT OF HISTORY

COURSE DESIGN

SEMESTER- 2, 4 & 6

January-June 2024 2023

COURSE	COURSE TYPE	PAPER NO.	TITLE OF THE PAPER	ALLOTTED TO
SEM 2 NEP	MAJOR	Paper-2 HIST 2011	History of World Civilization : From Earliest times to Pre-medieval Europe	PSM
	SEC	Paper-2 HIST 2051	Archives & Museums in India	NC
	MINOR	Paper-2 HIST 2021	History of India (500 CE to 1206 CE)	AC
	MD / ID	Paper-2 HIST 2031	History of India (1857-- 1947)	AG
SEM 4 CBCS	HONOURS	CC-8	Rise of Modern West – II (17th & 18th Centuries)	PSM
		CC-9	History of India - V (1758 AD --1857 AD)	NC
		CC-10	History of India - VI (1858 - 1964)	AG
		SEC-2	Art Appreciation: An introduction to Indian Art	PSM
	CC-1D/ GE -4	History of India - IV (1707 AD --1950 AD)	AC	
GENERAL	SEC-2	Understanding Heritage	AG	
SEM 6 CBCS	HONOURS	CC-13	History of Modern Europe - II (1871-1945)	AC
		CC-14	Making of the Contemporary World (1946 – 2000)	PSM
		DSE- 3	History of Modern East Asia (1840-1919)	NC
		DSE- 4	History of China & Japan (1919-1949)	AG
		DSE-2A	Some Aspects of European history (1789-1939)	AG
	GENERAL	GE-2	Gender & Education in India	AC
		SEC-4	Art Appreciation: An introduction to Indian Art	PSM

Semester 2, 4 & 6
January—June 2024

1. Teaching Plan of Dr. Partha Sankha Mazumdar for Semester IV (Honours)

Semester - IV (Honours)

Core Course Paper

Paper – CC- VIII

RISE OF THE MODERN WEST II (17th& 18th centuries)

6 credits, Total 75 marks (60 + 15) Total – 60 Lectures

January 2024

I. 17th century European crisis: economic, social and political dimensions

February 2024

II. The English Revolution: major issues; political and intellectual currents

March 2024

III. Rise of modern science in relation to European society from the Renaissance to the 17th century

April 2024

IV. Mercantilism and European economics; 17th and 18th centuries

May 2024

V. European politics in the 18th century: parliamentary monarchy; patterns of Absolutism in Europe

June 2024

VI. Prelude to the Industrial Revolution

SUGGESTED READINGS

M. S. Anderson, Europe in the Eighteenth Century.

Perry Anderson, The Lineages of the Absolutist State

G. R. Elton, Reformation Europe, 1517 û 1559.

M. P. Gilmore, The World of Humanism. 1453 û-1517. Peter

Peter Mathias, First Industrial revolution.

Harry Miskimin, The Economy of Later Renaissance Europe: 1460 û 1600.

D. H. Pennington, Seventeenth Century Europe.

F. Rice, The Foundations of Early Modern Europe

নির্মলচন্দ্র দত্ত, মধ্যযুগের ইউরোপ, খণ্ড ১, ২,

নির্মলচন্দ্র দত্ত, মধ্যযুগ থেকে আধুনিক যুগে উত্তরণ

সুবোধ কুমার মুখোপাধ্যায়, আধুনিক ইউরোপের আদি পর্বের রূপান্তর (১৪০০-১৭০০)

সুবোধ কুমার মল্লিক, যুগ সন্ধিক্ষণে ইউরোপ(১৪০০-১৭০০)

1. Teaching Plan of Smt. Nibetita Chakraborty for Semester IV (Honours)

Semester - IV (Honours)

Core Course Paper

Paper – CC- IX

HISTORY OF INDIA (c.1758-1857)

6 Credits, Total marks 75= (60+15), Total -60 Lectures

January, 2024

1) Foundation of Company 's Rule:

Early Contestations between the Dutch, French and the British East India Company; Bengal Nawabs and the battle of Plassey, Buxar and the grant of Dewani, Anglo-Mysore, Anglo-Marathas and Anglo-Sikh relations. The Subsidiary Alliance and the Doctrine of Lapse.

February, 2024

2) Legitimization of Company 's rule in India:

Regulating Act; Pitt's India Act; Charter Acts of 1813,1833 and 1853; Administrative, Military, Police and Educational Reforms

March, 2024

3) Rural Economy and Society:

Land Revenue systematic -Permanent Settling, Rayatwari and Mahalwari; Commercialisation of agriculture and indebtedness. Rural society: change and continuum, Famines.

April, 2024

4) Trade and Industry:

De-industrialisation; Trade and Fiscal policy; Drain of Wealth, Growth of modern industry.

May, 2024

5) Renaissance and Reforms:

Bengal Renaissance and socio-religious reforms: Rammohan Roy (Brahma Samaj), Young Bengal, Vidyasagar and Others; Educational reforms initiated by the Company.

June, 2024

6) Popular Resistance:

Santhal uprising (1856-1857); Sanyasi Uprising, Kol-Bhumij uprising, Wahabi, Faraiji and Santhal Uprising; Revolt of 1857: causes and nature.

●Reference books:

1) M. Bhatia-Famines in India

2) A. Bhattacharya -A concise History of the Indian Economy

3) B.G. Sapre-Essentials of Indian Economics

4) A.R. Desai -Social Background of Indian Nationalism.

5) David Kopf-British Orientalism and Indian Renaissance -Dynamics of Indian modernisation (1735-1835)

6) সুপ্রকাশ রায়-ভারতের কৃষক বিদ্রোহ ও গণতান্ত্রিক সংগ্রাম

7) সুমিত সরকার -আধুনিক ভারত

8) বিপান চন্দ্র -ভারতের স্বাধীনতা সংগ্রাম

9) আধুনিক ভারতের দেড়শো বছর -সমরকুমার মল্লিক.

1. Teaching Plan of Dr. Amiya Ghose for Semester IV (Honours)

Semester - IV (Honours)

Core Course Paper

Paper – CC- X

HISTORY OF INDIA (1858-1964)

6 Credits, Total marks 75 (60 + 15) Total – 60 Lectures

Jan. 2024

I. The aftermath of 1857 Queen's Proclamation; The Indigo rebellion, The Deccan Riots, The growth of the new middle class; The age of associations, The Aligarh movement, The Arya and the Prarthana Samaj

Feb. 2024

II. The early phase of Indian Freedom Movement Historiography of Indian Nationalism; Birth of Indian National Congress, The Moderates and the Extremists, Partition of Bengal, the Swadeshi movement, Muslim League, Morle Minto Reforms; Revolutionaries in India and abroad, the Lucknow pact

March, 2024

III. The Gandhian era Gandhi's rise to power, Rowlatt Satyagraha, Montagu Chelmsford reforms; Khilafat and Non-co-operation movement, The Swarajya party, Poona Pact, Civil Disobedience Movement, Quit India Movement;

April, 2024

IV. Towards freedom Government of India Act 1935, The rise of the leftist movements, The Peasant and Working class movements, Cripps Mission, Subhas Bose and INA, RIN mutiny; Wavell Plan, Cabinet Mission; Tebhaga and Telengana movements;

May, 2024

V. Communal Politics Demand for Pakistan; Lahore session of the Muslim League, rise of Hindu Mahasabha and the RSS; Akali Dal, Partition and its consequences.

June , 2024

VI. The Nehru era Internal policy between 1947 to 1964- movements for social justice, the new constitution, integration of the princely states, growth of parliamentary democracy, five years plan; India's foreign policy – Non alignment, India's relation with her neighbours.

Reference Books:

- a) Sekhar Bandhyopadhyay- From Plassy to Partation, Orient Longman, 2004
- b) Sekhar Bandhyopadhyay- From Plassy to Partation, Orient Longman, 2006 (in Bengali)
- c) Bipan Chandra – India's Struggle for Freedom , Penguin, 1989
- d) Ishita Banerjee-Dube – A History of Modern India, CUP, 2019
- e) Suchibrata Sen o Amiya Ghosh – Adhunik Bharat (1885-1964), Mitram, 2008(in Bengali)
- f) Sumit Sarkar – Modern India 1885-1947, Macmillan, 1984
- g) Sumit Sarkar – Adhunik Bharat 1885-1947 (in Bengali)
- h) Amalesh Tripathi- Swadhinata Sangrame Bharater Jatiyo Congress 1885-1947, Ananda 1984
- i) Pranab Chottopadhyay- Adhunik Bharat, (Vol-1,2), PPP, W.B.(in Bengali)
- j) Samar Mallik- Swadhinatar Dui Dasak (1947-1964). 2008 (in Bengali)

1. Teaching Plan of Dr. Asim Choudhuri for Semester VI (Honours)

Semester - VI (Honours)

Core Course Paper

Paper – CC- XIII

History of Modern Europe (1871-1945A.D)

6 Credits, Total marks-75(60+15) Total-60 Lectures

January, 2024

I) Imperial Expansion: Bismarck's diplomacy and the new balance of power; Kaiser William II and Weltpolitik; new course in German foreign policy; the Eastern Question of the late 19th Century; Balkan Wars.

February, 2024

II) First World War and its aftermath: Outbreak of the First World War; Emergence of the two armed camps; impact of the First World War; the Russian Revolution, the Peace Settlements of 1919, the League of Nations.

March, 2024

III) Challenges to the new European Order: consolidation and development of power of the Soviet State; French Search for security; Rise of Fascism in Italy and Nazism in Germany; world Economic Depression of 1929; the crisis of the inter-war European order.

April, 2024

IV) The Road to Second World War; Germany's aggressive foreign policy; the role of the war economy; Spanish Civil War, Mussolini's foreign policy and Abyssinian Crisis, formation of the Rome-Berlin-Tokyo Axis.

May, 2024

V) Second World War: Outbreak of the Second World War and its impact.

June, 2024

VI) United Nations organization: its origin and functions.

Reference Books:

- 1) E.Lipson, Europe in the 19th and 20th Centuries.
- 2) L.C.B Seaman, From Vienna To Versailles.
- 3) Langsam, World Since 1919.
- 4) Maurice Dobb, Soviet Economic Development Since 1917.
- 5) E.H.Carr, International Relations between the Two World Wars.
- 6) A.J.p.Taylor, Origins of the Second World War.

1. Teaching Plan Dr. Partha Sankha Mazumdar for Semester VI (Honours)

Semester - VI (Honours)

Core Course Paper

Paper – CC- XIV

MAKING OF THE CONTEMPORARY WORLD (1946-2000)

6 Credits, Total marks, 75 (60 + 15) Total – 60 Lectures

January 2024

I. Post War Development

- a. An overview of post-war developments Social, Political and Economic
- b. Cold war Politics- ideological clash & power rivalry between super powers
- c. Military and Defense Alliances and Peace Pacts - Containment of Communism- Marshal Plan- Truman Doctrine- Warsaw Pact- Military Alliances-NATO; SEATO- Bagdad Pact- Cominform, Berlin after 1945- Fall of the Berlin Wall & German Re-Unification

February 2024

II. Decolonization and the emergence of the Third world

- a. National Movements in Asia & Africa
- b. Emergence of the Third World; Non –alignment
- c. Third World Organizations-OPEC, ASEAN, SAARC

March 2024

III. Cold War Escalates

- a. War in Korea, Cuban missile crisis, Vietnam problem
- b. Palestine Problem; Suez Crisis, Iran- Iraq conflicts, Gulf War
- c. Arab- Israel wars- activities of the PLO, Afghan Problem

April 2024

IV. Perspectives on Development and under development

- a. Globalization & its impact on the Third World
- b. Liberalization & its impact on Indian economy; Multinational Companies, World Bank, IMF
- c. Information Revolution

May 2024

V. Modernity and cultural transformation

Emerging trends in culture, Media and consumption; Information Revolution

June 2024

VI. Changing World

- a. Collapse of Soviet Bloc; Process of disintegrations, Glasnost and Perestroika,
- b. American Uni-polarism; USA as a global policeman
- c. Current threats confronting the World - Ethnic Clashes & Cross border Terrorism

Suggested readings-

A.J.P Taylor–Origins of the Second World War.

E. Hobsbawm - Age of Extremes: the short Twentieth century 1914-91

P. Calvocoressi - world since 1945

অসিত কুমার সেন, আন্তর্জাতিক সম্পর্কের ইতিহাস

মৃগালকান্তি চট্টোপাধ্যায়, সমসাময়িক বিশ্বের ইতিহাস

অসিত কুমার মণ্ডল, আন্তর্জাতিক সম্পর্কের রূপরেখা

1. Teaching Plan of Dr. Amiya Ghose for Semester VI (General)

Semester - VI General)
Discipline Specific Elective Paper
Paper – DSE IIA
SOME ASPECTS OF EUROPEAN HISTORY (1789-1939)
6 credits, Total 75 marks (60 + 15) Total – 60 Lectures

January 2024

1. The French Revolution a) France before 1789; Socio- Economic and Political background; Birth of new ideas Philosophers and Physiocrats b) Progress of the Revolution; The Constituent Assembly; The reign of Terror c) Impact of French Revolution on Europe

February, 2024

2. Napoleon Bonaparte and aftermath a) Rise of Napoleon b) Napoleonic reforms; Napoleon and Europe; Fall of Napoleon, c) Vienna Congress; The concert of Europe; Metternich system

March, 2024

3. The revolutions of 1830 and 1848 a) The Democratic and Nationalist Aspirations of Europe b) Causes, and Impact of July Revolution of 1830 c) The February revolution of 1848-50.

April 2024

4. Age of Nationalism a) The Crimean War; The Eastern Question; Turkey; Russia's ambition in the Balkans b) The second Empire in France and Louis Napoleon c. Unification of Italy & Germany

May, 2024

5. Europe between 1914-1939 a) Origin of the First World War; Role of different European Powers; Peace of Settlement of 1919; The League of Nations b) Political and Economic Disorder & Depression, Policy of Appeasement, Spanish Civil War; Munich Pact' Russo-German Non-Aggression Pact c) Rise of Fascism in Italy and Nazism in Germany

June 2024

6. Second world war a) Origins b) Failure of disarmament and the League of Nations c) Responsibility of Hitler.

Morning Section

1. Teaching Plan of Ujjwal Kr. Saha for Semester IV (General)

Semester - IV (General)

Core Course Paper – ID / GE-4

HISTORY OF INDIA FROM 1707 - 1950 AD

6 Credits, Total Marks-(60+15)=75 Total – 60 Lectures

January-2024

1. Regional States and rise of the Company's rule Bengal –
Battle of Plassey, Buxar and Dewani Marathas and Anglo Maratha relation Mysore and
Anglo Mysore relation Anglo Sikh relations.

February-2024

2. Land Settlements, peasant and Tribal revolts upto 1857
Permanent settlement and Rayatwari Tribal and Peasant revolts- Wahabi, Fairazi and
Santal
3. Socio- Religious Reform Movements in the 19th Century
Rammohan Roy, Young Bengal, Vidyasagar, AryaSamaj, Growth of a new middle class.

April-2024

4. 1857 and its aftermath Causes and nature of the 1857 Age of associations and
the birth of INC.

May-2024

5. Indian National Movement
Moderates and Extremists Partition of Bengal and the Swadeshi movement Rise of
Gandhi in Indian politics and Gandhian movements. Leftist movements Subhash
Chandra Bose and the INA.

June-2024

6. Partition Of India and the establishment of Indian Republic Government Of India Act
1935 Cripps Mission, Wavell Plan, Cabinet Mission Communal Politics Partition of
India Constituent Assembly and the birth of the Republic.

Reference Books:

Sugata Bose and Ayesha Jalal: Modern South Asia: History, Culture, Political Economy,
Sekhar Bandyopadhyay: From Plassey to Partition

Barbara D Metcalf and T.R. Metcalf : A Concise History of India, Cambridge, 2002

C.A. Bayly: An Illustrated History of Modern India 1600 – 1947, London 1990

Sumit Sarkar: Modern India 1885 ñ 1947, Mamillan, 1983

Mushirul Hasan John : Company to the Republic: A story of Modern India

R.P. Dutt: India Today.

R. Jeffery, J Masseloss: From Rebellion to the Republic.

Bipan Chandra: Nationalism and Colonialism.

DEPARTMENT OF MASS COMMUNICATION & JOURNALISM

TEACHING PLAN OF PRATICK KABIRAJ (2023-2024)

MONTH	SEM –I (H)	NO. OF LECTURE	SEM-III(H)	NO. OF LECTURE	SEM-V (H)	NO. OF LECTURE
JULY	MAJOR: Hypodermic or Bullet Theory; Individual Difference Theory; Cognitive Dissonance Theory. UNIT- 2	3	CC-6 HISTORY OF TELEVISION, INVENTION TO TELECAST. TELEVISION IN INDIA NATIONWIDE NETWORK FORMATION, BCI, UNIT-1	align="center">11	CC-11 MEDIA AND INTERNATIONAL COMMUNICATION A BRIEF OVERVIEW UNIT-1	align="center">10
	SEC: Principles of editing; Headlines - Importance. UNIT- 3	2				
	MDC: Social Media Management- Social Media Management Chain. UNIT- 3	2				
AUGUST	MAJOR: Personal Influence Theory; Sociological Theories of Mass Communication – The Cultivation Theory, Social Learning Theory. UNIT-2	4	CC-6 COMMUNITY TELEVISION, SIT, PSB, UNIT-1	align="center">9	CC-11 PROPAGANDA IN THE INTER WAR YEARS, NAZI PROPAGANDA,RADIO AND INTERNATIONAL COMMUNICATION UNIT-1 COLD WAR UNIT-2	align="center">12
	SEC: Functions of Headlines, Types of Headline; Typography and Style; Language. UNIT- 3	3				
	MDC: Economical issues of Social media in media market; ;in Companies. UNIT- 3	2				

SEPTEMBER	MAJOR: Agenda Setting Theory, Play Theory, Uses and Gratification Theory, Dependency Theory. UNIT-2	3	CC-6 DIFFERENT TYPES OF TV CHANNELS, DD VS SATELLITE CHANNEL UNIT-2	7	CC-11 VIETNAM WAR,USSR,RADIO FREE EUROPE, RADIO LIBERTY,VOICE OF AMERICA,COMMUNICATION DEBATES UNIT-2	15
	SEC: Style Sheet; Importance of Pictures. UNIT- 3	2				
	MDC: Economics of New Media-Content, Production & Consumption. UNIT- 3	2				
OCTOBER	MAJOR: Normative Theories – Authoritarian Theory, Libertarian Theory. UNIT-2	3	CC-6 BASIC CAMERA SHOTS UNIT-3 CC-6 CAMERA ANGLE, MOVEMENT,VISUAL GRAMMAR,FOCUSING VISUAL PERSPECTIVE UNIT-3	10	CC-11 NWICO,UNESCO,NAM,MCBRIDE COMMISSION,NORTH-SOUTH,POOR-RICH UNIT-2	8
	SEC: Selection Criteria of News Pictures; Principles of Layout and Design. UNIT- 3	2				
	MDC: New Marketing Communication in social media business. UNIT- 3	2				
NOVEMBER	MAJOR: Development Media Theory. Social Responsibility Theory. UNIT-2	2	CC-6 TELEVISION NEWSROOM,WRITING TECHNIQUES,WRITING TECHNIQUES PRACTICAL,ENG,EFP,NEWS ROOM PERSONAL DUTIES AND RESPONSIBITIES UNIT-4	17	CC-11 RISE OF AL JAZEERA, THE GULF WARS,CNN,EMBEDDED JOURNALISM,9/11 INCIDENT UNIT-3 CULTURER IMPERALISM,MEDIA HEGEMONY UNIT-4	7
	SEC: News Editor and Editor, Role of Sub-Editor and Copy-Editor. UNIT- 3	3				

		1				
	MDC: Social networks as marketing tools . UNIT- 3					
DECEMBER	MAJOR: Soviet Communist Theory. Democratic Participant Media Theory. UNIT-2	3	CC-6 TELEVISION PROGRAMME, CHARACTER OF TELEVISION NEWS, NEWS AS EVENT AND CONSTRUCTION UNIT-5	6	CC-11 CULTURER IMPERIALISM,MEDIA HEGEMONY UNIT-4	8
	SEC: Chief of Bureau, Correspondents – District, Foreign. UNIT- 3	3			CC-11 MEDIA AND THE GLOBAL MARKET,MEDIA CONGLOMERATES LOCAL AND GLOBAL PROGRAMMES UNIT-5	
	MDC: media marketing companies. UNIT- 3	1				
	SEM-II (H)	NO. OF LECTURE	SEM-IV (H)	NO. OF LECTURE	SEM-VI (H)	NO. OF LECTURE
JANUARY	MAJOR: Journalistic activities by Derozians and different aspects of the Young Bengal Movement in Bengal Renaissance. UNIT-1	5	CC-8 CONCEPT OF NEW MEDIA,INFORMATION SOCIETY,CMC,NETWORK SOCIETY UNIT-1	10	CC-14 MEDIA MANAGEMENT CONCEPT AND PERSPECTIVE,ORIGIN AND GROWTH,FUNDAMENTALS OF MANAGEMENT,MANAGING SCHOOL OF THOUGHT UNIT-1	10
	SEC: Scripting for audio - Introduction to various radio formats : news and entertainment. Unit 2	4				

	<p>MDC: Television news bulletin – basic elements, style and presentation. Unit 4</p>	3				
FEBUARY	<p>MAJOR: Journalistic contribution of Harish Chandra Mukhopadhyaya in The Indigo Movement and the widow remarriage. UNIT-1</p>	5	<p>CC-8 DIGITAL JOURNALISM, REMEDIATION AND NEW MEDIA TECHNOLOGY,ONLINE COMMUNITIES,UGC, WEB 2.0 UNIT-2</p>	10	<p>CC-14 MEDIA INDUSTRY ISSUE AND CHALLENGES,TAM,TRP,BARC,HITS, MARKET SHIFTS,OWNERSHIP PATTERN,GOVERNMENT MEDIA INTERFACE UNIT-2</p>	15
	<p>SEC: Public service advertisements, jingles. Unit 2</p>	2				
	<p>MDC: Television news anchor – qualities and duties; Camera usage in news – basic camera shots. Unit 4</p>	2				
MARCH	<p>MAJOR: Brahmabandhab Upadhyay – as the Editor of Sandhya towards the atrocities attitude of the British government; Gandhiji as a spiritual and political communicator, his journalistic obtainment on the part of the protests against colonial Government and Gandhian editorial policy. UNIT-1</p>	7	<p>CC-8 NETWORK JOURNALISM,ALTERNATIVE JOURNALISM UNIT-2 DIGITALIZATION OF JOURNALISM UNIT-3</p>	7	<p>CC-14 STRUCTURE OF NEWS MEDIA,ORGANIZATION IN INDIA,ROLE AND RESPONSIBILITY AND HIERARCHY , WORKFLOW AND NEEDS OF MANAGEMENT,SHIFT PATTERN,CIRCULATION AND GUIDE LINE UNIT-3</p>	12
	<p>SEC: radio magazine, interview, talk show, vox- pop. Unit 2</p>	3				

	<p>MDC: camera angles, camera movements, visual grammar and perspective, focusing; Television newsroom - structure and functions. Unit 4</p>	4				
APRIL	<p>MAJOR: Some Major Journals and Newspapers of Pre-independence days – BengalGazette – it’s sarcastic . UNIT-2</p>	3	<p>CC-8 AUTHORSHIP IN DIGITAL AGE,PIRACY, COPY WRITE,COPY LEFT AND OPEN SOURCE,DIGITAL ARCHIVES,NEW MEDIA ETHICS . UNIT-3</p>	12	<p>CC-14 MEDIA ECONOMICS,STRATEGIC MANAGEMENT,CAPITAL INFLOW,BUDGETING,FINANCIAL MANAGEMENT,PERSONAL MANAGEMENT UNIT-4</p>	12
	<p>SEC: discussion, feature, radio play, and documentary. Unit 2</p>	2				
	<p>MDC: Electronic News Gathering (ENG), Electronic Field Production (EFP). Unit 4</p>	2				
MAY	<p>MAJOR: provocative writing style; Samachar Darpan; Sambad Kaumudi – Parthenon. UNIT-2</p>	4	<p>CC-8 PRACTICAL WEB WRITING,LINEAR AND NON LINEAR WRITING.</p>	11	<p>CC-14 CIRCULATION MANAGEMENT PROCESS AND EVALUATION, MEDIA AUDIENCES AND CREDIBILITY UNIT-5</p>	5

	<p>SEC: Elements of a radio news story: Newsgathering, writing. Unit 2</p>	3				
	<p>MDC: OB Van, Live telecasting; Television programmes – news. Unit 4</p>	2				
JUNE	<p>MAJOR: Yugantar Hindu Patriot – Harish Chandra Mukherjee and Krishnadas Pal; The Amrita Bazar Patrika. UNIT-2</p>	4	<p>CC-8 CONTEXTUALIZED JOURNALISM,STORY TELLING STRUCTURES UNIT-4 VISUAL AND CONTENT DESIGN, WEBSITE PLANNING,BLOGGING UNIT-5</p>	10	<p>CC-14 MARKET FORCES, FDI UNIT-4 CC-14 PAID NEWS ,LOBBYING ,PRESSURE GROUP INFLUNCE INDIAN AND INTERNATIONAL MEDIA GIANTS UNIT-5</p>	6
	<p>SEC: writing, elements of a radio news bulletin. Unit 2</p>	2				
	<p>MDC: interview, discussion, chat shows. AVO, VO, Bytes, PTC. Unit 4</p>	2				

Pratibha Kabin

Department of Mass Communication
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DEPARTMENT OF MASS COMMUNICATION & JOURNALISM
(CBCS- Choice Based Credit System & CCFUP- Curriculum and Credit Framework for UG Programme)
TEACHING PLAN OF SUMAN RUDRA
2023-2024

MONTH	SEM-I(H)	NO.OF LECTURE	SEM-III(H)	NO.OF LECTURE	SEM-V(H)	NO.OF LECTURE
JULY	Major: Mass Communication Definition, Characteristics, Functions; Forms of Mass Communication UNIT-4	3	SEC-1 Broadcast Formats Public service advertisements. Radio Jingles, Radio magazine, Radio Interview, Talk Show ,Discussion, Feature Documentary. UNIT-1	10	DSE2 conceptof corporate& organization, corporate governance, corporateand management. UNIT-1	6
	SEC:- News room, Organizational setup of a newspaper UNIT-4	2				
	MDC- Mass , media and market, Active audience theory. UNIT-4	2				
AUGUST	Major: Traditional Media, Print Media. UNIT-4	1	SEC--1 Broadcast Production Techniques, Working of a Production Control Room. studio Types and functions, acoustics, input and output chain, studio console: recording and mixing. Personnel in Production process Role and Responsibilities . UNIT-2	12	DSC-2 issues of corporate communication. UNIT-1 DSE 2 identify the . Grunigs theory, public and stakeholder, stake holder's relationship stakeholder, communication tools and strategies for stakeholder relations. UNIT-2	13
	SEC:- Editorial department, Advertising Department. UNIT-4	2				
	MDC- Scope of audience analysis- Quantitative Techniques Survey. UNIT-4	1				

SEPTEMBER	Major: Broadcasting Media – Audio Media. UNIT-4	2	sec-1 Studio Types and functions, acoustics, input and output chain, Studio console:--- Recording and mixing. UNIT-2	6	DSE 2 Corporate crisis, crisis plan management and Crisis Communication. UNIT-3	9
	SEC:- Circulation Department. UNIT-4 Trial by media. UNIT-5	2				
	MDC- TRP Calculation, BARC Method. UNIT-4	2				

OCTOBER	Major: Broadcasting Media--- visual media. UNIT-4	1	sec-1 Personnel in Production process Role and Responsibilities. UNIT-2 Stages of Radio Production Pre- Production–(Idea, research , RADIO script) UNIT-3 Production Creative use of Sound; Listening, Recording, using archived sounds (execution, requisite, challenges), Sound Editing, Creative use of Sound Editing. UNIT-3 PRACTICAL -Producing Radio format mentioned in the Unit (Duration-5minutes).	12	DSE-2 corporate branding and brand promotion. Unit-3 UNIT-4 Corporate social responsibility, issue and approaches, CSR budget. Social audit.	12
	SEC:- Trends in Sectional News, Week-end pullouts, Supplements, Backgrounders, Columns and Columnists. UNIT-5	3				
	MDC- ABC (AUDIT BUREAU OF CIRCULATIONS) UNIT-4	1				

NOVEMBER	Major: Emergence of New Media UNIT-5	2	CC-7 Public Relations– Concept and practices Introduction to Public Relations Growth and development of PR Importance, Role and Functions of PR Principles and Tools of Public relations . Organization of Public relations: In house department vs consultancy. PR in govt. And Private Sectors. Govt’s Print, Electronic, Publicity, Film and Related Media Organizations. Unit-3	14	DSE-2 P3Theory,theory ofutility,profitan dphilanthropicap proach– adebateonCSR,C SRbudget,social audit. Unit-4	12
	SEC:- Factors affecting news treatment, Paid news, Agenda setting Theory. UNIT-5	4				
	MDC- TRP Vs Market . UNIT-4	1				

DECEMBER	<p>Major: New Media Recent trends, Impact on society.</p> <p>UNIT-5</p>	3	<p>CC-7 PR –Publics and campaigns, Research for PR, Managing promotions and functions. PR Campaign-planning, execution, evaluation Role of PR in Crisis management.</p> <p>Ethical issues in PR- Apex bodies in PR- IPRA code-PRSI, PSPF and their codes.</p> <p>Unit4</p>	11	<p>DSE-2 CSR and media relations, CSR promotion and role of NGOs.</p> <p>UNIT-4</p>	8
	<p>SEC:- Pressures in the newsroom, Gaekeepers, Objectivity and politics of news. Neutrality and bias in news.</p> <p>UNIT-5</p>	1				
	<p>MDC- Media Vs Market – Debate.</p> <p>UNIT-4</p>	1				
	SEM-II(H)	NO.OF LECTURE				
JANUARY	<p>Major: Recent development in Indian Press – Newspaper, Radio and TV Broadcasting.</p> <p>UNIT-4</p>	2	<p>CC-9 Development: Concept, concerns, paradigms Concept of development Measurement of development development versus growth, Human development. Development as freedom. Unit-1</p>	10	<p>CC13 Rural development & rural society,rural vs urban sociological. demographical and cultural perspectives. rural development and</p>	11

		unit-2 Models of development: Nehruvian model. Gandhian model.	agricultural development. Unit-1	
	SEC:- Knowing the audio Medium - Basics of Characteristics. Unit 1	1		
	MDC- Radio news bulletin – types, style and presentation. Unit - 3	2		

FEBRUARY	Major: Press in emergency period. UNIT-4	2	CC-9 Developing countries versus developed countries UN millennium dev goals Development communication : Concept and approaches Paradigms of development- Dominant paradigm, dependency, alternative paradigm Dev comm. approaches–diffusion of innovation, empathy, magic multiplier Alternative Dev comm. approaches: Sustainable Development. Participatory Development ., Inclusive Development Gender and development support communication. definition, genesis, area wood Striangle. Unit-3	14	CC-13 Participatory approaches of rural development, rural communication . is an integrated communication strategy , Model of rural communication, Different kits/tools of rural Communication. promotion rural communication for health, primary education and campaign of other related issues for rural development. UNIT-2	12
	SEC:- strengths & limits of audio. The physics of sound. Unit 1	2				
	MDC- Radio presenter – qualities and duties. Unit – 3	1				
MARCH	Major: argumentative approach between the Government censorship UNIT-4	2	Role of media in development Mass Media as a tool for development Creativity. role and performance of each media- comparative study of pre and post liberalization era. performance record of each medium- print, radio, tv, video, traditional media. UNIT-4	8	Gandhian view of rural development, social change and rural development, decentralization of power, people' participation, PRIs, Communication strategies, communication gap in PRIs. UNIT-3	10
SEC:- Podcasting and internet radio. HAM Radio . satellite radio. Unit 1	3					
MDC- Radio newsroom – structure and functions. Unit – 3	2					

APRIL	<p>Major: freedom of press; Globalization of Indian Media.</p> <p>UNIT-4</p>	2	<p>cc-9 Role of development Agencies and NGOs in development Communication Critical Appraisal of devcomm. Programmes and govt.</p>	9	<p>cc-13 decentralize Planning to rural Development. And role of NGOs, non- agrarian activities.</p> <p>UNIT-4</p>	7
	<p>SEC:- Knowing the Studio - Studio layout, recording equipment.</p> <p>Unit 1</p>	2	<p>schemes: SITE, Krishi - Darshan, Kheda, Unit-5</p>			
	<p>MDC- Radio programmes – radio talk, radio feature.</p> <p>Unit – 3</p>	2				
MAY	<p>Major: difference between the approaches of pre- globalization.</p> <p>UNIT-4</p>	2	<p>cc-9 Jhabua, MNREGA; Cyber media and dev- e- governance, e - chaupal, national Knowledge network, ICT for dev . Narrow casting.</p> <p>Unit-5</p>	10	<p>cc-13 integrated rural development. UNIT-4 Promotion of rural Industries and Role of rural communicatio n, rural cooperative And self group. UNIT-4</p>	10
	<p>SEC:- microphones, mixers and transmitters.</p> <p>Unit 1</p>	2				
	<p>MDC- Radio drama, radio interview, radio documentary.</p> <p>Unit – 3</p>	3				

JUNE	<p>Major: post-globalization period. UNIT-4</p>	1	<p>cc-9</p> <p>Development support communication in India in the areas of: agriculture, health& family welfare, population, women empowerment, poverty, unemployment, energy and environment, literacy, consumer awareness , Right to Information(RTI)</p> <p>UNIT-5</p>	9	<p>cc-13</p> <p>Rural media, low cost participatory media, community media in rural development, role of traditional media in rural development, development support communication, participatory.</p> <p>UNIT-5</p>	10
	<p>SEC:- Personnel in the production process – Role and Responsibilities.</p> <p>Unit 1</p>	2				
	<p>MDC- Jingle; Radio magazine; Live broadcasting. Unit – 3</p>	2				

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DEPARTMENT OF PHILOSOPHY

TEACHING PLAN OF RITA MUKHERJEE
Philosophy (Honours) - (July 2023 – June 2024)

Month			Sem-III (H)	No. of Lecture	Sem-V (H)	No. of Lecture
Jul			CC- 7 (Indian Logic): 1. Annambhatta: <i>Tarkasaṅgraha</i> with <i>Dīpikā</i> [From the text “sarvavyavahāraheturguno buddhirjñānam” to the end of upamāna]	6	CC- 12: (Western Logic-II): 1. Introduction	18
Aug			Annambhatta: <i>Tarkasaṅgraha</i> with <i>Dīpikā</i> [From the text “sarvavyavahāraheturguno buddhirjñānam” to the end of upamāna]	6	2. Philosophy of Logic and Language: Meaning and Definition, Truth and Necessary Truth	18
Sept			Annambhatta: <i>Tarkasaṅgraha</i> with <i>Dīpikā</i> [From the text “sarvavyavahāraheturguno buddhirjñānam” to the end of upamāna]	7	2. Philosophy of Logic and Language: Meaning and Definition, Truth and Necessary Truth	17
Oct			Annambhatta: <i>Tarkasaṅgraha</i> with <i>Dīpikā</i> [From the text “sarvavyavahāraheturguno buddhirjñānam” to the end of upamāna]	6	2. Philosophy of Logic and Language: Meaning and Definition, Truth and Necessary Truth	18
Nov			Annambhatta: <i>Tarkasaṅgraha</i> with <i>Dīpikā</i> [From the text “sarvavyavahāraheturguno buddhirjñānam” to the end of upamāna]	7	2. Philosophy of Logic and Language: Meaning and Definition, Truth and Necessary Truth	16

Dec			Annambhatta: Tarkasaṅgraha with Dīpikā [From the text "sarvavyavahāraheturguno buddhirjñānam" to the end of upamāna]	7	2. Philosophy of Logic and Language: Meaning and Definition, Truth and Necessary Truth	18
Jan	Sem-II (H) Theory CC4: Outlines of Western Philosophy—II Unit 1: Introduction: Locke: (a) Refutation of Innate Ideas and Principles, (b) Theory of Ideas, (c) Theory of Substance	10	Sem-IV (H) Theory CC- 8: Western Logic-I 1. Deduction: Propositional Logic, 1 st Order Predicate Logic (Up to singly general proposition).	18	Sem-VI (H) Theory DSE-4: Special Text: Hume: An Enquiry Concerning Human Understanding Hume: An Enquiry Concerning Human Understanding (1)	17
Feb	Unit 1: Locke: (d) Distinction between primary and secondary Qualities, (e) Theory of Knowledge	9	1. Deduction: Propositional Logic, 1 st Order Predicate Logic (Up to singly general proposition).	16	Hume: An Enquiry Concerning Human Understanding (2)	17

Mar	Unit: II Berkeley: (a) Rejection of the Lockean Notion of Substance, (b) Refutation of Abstract Ideas	10	1. Deduction: Propositional Logic, 1 st Order Predicate Logic (Up to singly general proposition).	17	Hume: An Enquiry Concerning Human Understanding (3)	18
Apr	© Rejection of the Distinction between Primary and Secondary Qualities and (d) Esse Est Percipii	9	1. Deduction: Propositional Logic, 1 st Order Predicate Logic (Up to singly general proposition).	18	Hume: An Enquiry Concerning Human Understanding (4)	17
May	Unit: III Hume: (a) Origin of Knowledge: Impressions and Ideas, (b) Laws of Association, (c) Relations of Ideas and Matters of Fact,	7	1. Deduction: Propositional Logic, 1 st Order Predicate Logic (Up to singly general proposition).	16	Hume: An Enquiry Concerning Human Understanding (5)	18
June	(d) Notion of Causality, (e) Problem of Personal Identity and (f) Scepticism	8	1. Deduction: Propositional Logic, 1 st Order Predicate Logic (Up to singly general proposition).	16	Hume: An Enquiry Concerning Human Understanding (6)	18

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DEPARTMENT OF PHILOSOPHY

TEACHING PLAN OF RITA MUKHERJEE
Philosophy (General) - (July 2023 – June 2024)

Month	Sem-III (G)	No. of Lecture	Sem-V (G)	No. of Lecture
Jul	Theory CC- 1C/GE-3: Basic Concept of Logic: (a) Nature and Scope of Logic, (b) Sentence, Propositions and Statement (c) Inference and Argument 2. Types of Argument: Deductive Argument and Inductive Argument	21	Theory SEC- 3: Philosophical Analysis 1. Meaning: (a) Word-meaning and Sentence-meaning,	7
Aug	3. Opposition of Propositions	20	(b) Testability and Meaning	8
Sept	4. Immediate Inference: Conversion, Obversion and Contraposition	19	2. Concept and Truth	8

Oct	5. Categorical Syllogisms: Rules and Fallacies,	12	2. Concept and Truth	5
Nov	5. Venn Diagram 6. Truth-functional Arguments	14	3. Knowledge: Nature and Source of Knowledge	7
Dec	7. Science and Hypothesis	10	3. Knowledge: Nature and Source of Knowledge	4

Sem-VI (G)

6

Theory
DSE- 1B:
Tarkasaṅgraha with Dīpikā

1. *Saptapadārtha: Dravya and Guna*

Jan

5

Feb

Karma

Samanya

Mar

5

Apr	<i>Visesa</i>	5
May	<i>Samavaya</i>	6
June	<i>Abhava</i>	4

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DEPARTMENT OF PHILOSOPHY
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TEACHING PLAN OF RITA MUKHERJEE
Philosophy (Major & SEC) - (July 2023 – June 2024)

Month	Sem-I (Major)	No. of Lecture	Sem-I (SEC)	No. of Lecture
July	Module-III Plato: Theory of Knowledge,	03	Module-II Natural Rights tradition: Thomas Hobbes,	04
August	Plato: Theory of Ideas	04	John Locke and Thomas Paine,	04
September	Module-IV Aristotle: Refutation of Plato's Theory of Ideas,	04	Some Reactions to Natural Rights tradition: Jeremy Bentham, Edmund Burke	04
October	Theory of Substance	02	Some Reactions to Natural Rights tradition: Edmund Burke	02
November	Form and Matter	04	Contemporary perspective: Joel Feinberg, Thomas Hill Green, Rex Martin	04
December	Theory of Causation	02	Contemporary perspective: Margaret MacDonald	02

Month	Sem-II (Major)	No. of Lecture
January	Module-III Descartes: Method of Doubt, <i>Cogito Ergo Sum</i> , Criterion of Truth,	08
February	Module-III Descartes: Classification of Ideas, Interactionism, Substance	07
March	Module-IV Spinoza : The Doctrine of Substance, Attributes and Modes, Parallelism, Degrees of Knowledge, Determinism and Freedom	07
April	Module-IV Spinoza: Degrees of Knowledge, Determinism and Freedom	08

May	Leibniz: Monadology and Pre-established Harmony,	08
June	Leibniz: Truths of Reason and Truths of Fact, Theory of Knowledge	04

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DEPARTMENT OF PHILOSOPHY

**TEACHING PLAN OF DASARATH MURMU
Philosophy (Honours) - (July 2023 – June 2024)**

Month			Sem-III (II)	No. of Lecture	Sem-V (II)	No. of Lecture
Jul			Theory CC- 6: Western Ethics - Unit 1: Introduction & Nature and Scope of Ethics	15	Theory CC- 11: Unit 1: Introduction & Nature and Scope of Social Philosophy and Political Philosophy	17
Aug			Theory CC- 6: Unit 2: Nature of Morality & Moral and Non-moral actions & Object of Moral Judgment: Motive and Intention	14	Theory CC- 11: Unit 2: Basic Concepts: Society, Social Group, Community, Association, Institution, Customs, Folkways and Mores	15
Sept			Theory CC- 6: Unit 3: Postulates of Morality & The Development of Morality	13	Theory CC- 11: Unit 3: Social Class and Caste: Class Attitude and Class Consciousness, Marxian Theory of Class	16
Oct			Theory CC- 6: Unit 4: Normative Theories : Consequentialism (Teleology): (a) Hedonism, (b) Act Utilitarianism and Rule Utilitarianism; (c) Act Deontology and Rule Deontology, (d) Kant's Moral Theory	11	Theory CC- 11: Unit 4: B. R. Ambedkar's Criticism of Caste System, Dalit Movement.	14
Nov			Theory CC- 6: Unit 5: Theories of Punishment: Retributive, Deterrent and Reformative Theory	13	Theory CC- 11: Unit 5: Political Ideals: i) Democracy – its different forms ii) Socialism – Utopian and Scientific	17

Dec			Theory CC- 6: Unit 6: Issues in Applied Ethics : (a) Suicide, (b) Euthanasia, (c) Gender Equality, (d) Affluence and Morality	15	Theory CC- 11: Unit 6: Political Ideals: i) Nation, Nationalism and Internationalism (Rabindranath) ii) Radical Humanism (Manabendranath Roy)	16
Jan	Sem-II (H)		Sem-IV (H)		Sem-VI (H)	
	Theory CC- 3: Outlines of Indian Philosophy-II Unit 1: Sāṅkhya : (i) satkāryavāda, (ii) pañcaviṃśati tattva and tattvapariṇāma, (iii) prakṛti and its guṇa-s, (iv) Notion of puruṣa, bahupurusavāda	3	Theory SEC- 2: Philosophy of Human Rights Unit 1: Introduction & Definition and Nature of Human Rights	5	Theory CC- 14: Philosophy in the Twentieth Century: Western Unit 1: G. E. Moore: A Defence of Common Sense	6
Feb	Theory CC- 3: Unit 4: Advaita Vedānta: (i) vivartavāda,, (ii) māyā,	8	SEC- 2: Unit 2: The Idea of Human Rights: Its Origins and Historical Developments during Ancient period, Modern Period and Contemporary Period	11	Theory CC 14: Unit 2: B. Russell: Knowledge by Acquaintance and Knowledge by Description	14
Mar	Theory CC 3: Outlines of Indian Philosophy—II Unit 4: Advaita Vedānta: (iii) Brahman, jiva and jagat	8	SEC- 2: Unit 3: The Idea of Natural Law and Natural Rights: Thomas Hobbes and John Locke	10	Theory CC 14: Unit 3: L. Wittgenstein: Theory of Meaning	16
Apr	Theory CC 3: Outlines of Indian Philosophy—II Unit 5: Viśiṣṭādvaita Vedānta: (i) Distinction between advaitavāda and viśiṣṭādvaitavāda	9	Theory SEC- 2: Unit 4: The Idea of Natural Law and Natural Rights: John Locke	14	Theory CC 14: Unit 4: A. J. Ayer: Verifiability Theory of Meaning	17

May	Theory CC 3: Outlines of Indian Philosophy—II Unit 5: Viśiṣṭādvaita Vedānta: (ii) Nature of īśvara, jīva and jagat	7	Theory SEC- 2: Unit 5: Natural Right, Fundamental Right and Human Right	12	Theory CC 14: Unit 5: M. Heidegger: (a)Being in the World : Existenz, Facticity and Falleness and (b)Authenticity and Inauthenticity	15
June	Theory CC 3: Outlines of Indian Philosophy—II Unit 5: Viśiṣṭādvaita Vedānta: (iii) Criticism of Saṃkara's Doctrine of māyā	8	Theory SEC- 2: Unit 6: Preamble, Fundamental Rights and Duties (Indian Constitution)	11	Theory CC 14: Unit 6: J. P. Sartre: (a) Nothingness and (b) Freedom	14

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DEPARTMENT OF PHILOSOPHY

**TEACHING PLAN OF DASARATH MURMU
Philosophy (G) - (July 2023 – June 2024)**

Month			Sem-III (G)	No. of Lecture	Sem-V (G)	No. of Lecture
Jul					Theory GE: Indian Philosophy Unit 1: Introduction: General Features of Indian Philosophy	6
Aug					Theory GE: Unit 2: <i>Cārvāka</i> : (a) <i>pratyakṣa</i> (perception) as the only Source of Knowledge, (b) Refutation of <i>anumāna</i> (inference) and <i>śabda</i> (testimony) as Sources of Knowledge	5
Sept					Theory GE: Unit 2: (c) <i>jaḍavāda</i> and <i>dehātmanvāda</i>	6
Oct					Theory GE: Unit 6: <i>Sāṅkhya</i> : <i>Satkāryavāda</i> (Theory of Causality)	3
Nov					Theory GE: Unit 9: <i>Advaita Vedānta</i> : <i>Brahman</i>	6

Dec					Theory GE: Unit 9: <i>jīva and jagat.</i>	5
	Sem-II (G)		Sem-IV (G)		Sem-VI (G)	
Jan	Theory CC: Western Philosophy Unit 1: Metaphysics: Nature of Metaphysics	4	Theory SEC- 2: Philosophy of Human Rights Unit 1: Introduction & Definition and Nature of Human Rights	5	Theory SEC: Ethics in Practice Unit 1: Morality and Ethics	6
Feb	Theory CC: Unit 1: Elimination of Metaphysics	4	SEC- 2: Unit 2: The Idea of Human Rights: Its Origins and Historical Developments during Ancient period, Modern Period and Contemporary Period	5	Theory SEC: Unit 2: Motive and Intention	6
Mar	Theory CC: Unit 2: Realism: Naive Realism Scientific Realism, Representative Realism	4	SEC- 2: Unit 3: The Idea of Natural Law and Natural Rights: Thomas Hobbes and John Locke	5	Theory SEC: Unit 3: Moral Action	6

Apr	Theory CC: Unit: 2 Realism: Naive Realism, Scientific Realism, Representative Realism	4	Theory SEC- 2: Unit 4: The Idea of Natural Law and Natural Rights: John Locke	5	Theory SEC: Unit 3: Moral Judgment	6
May	Theory CC: Unit 3: Idealism: Subjective Idealism, Objective Idealism	4	Theory SEC- 2: Unit 5: Natural Right, Fundamental Right and Human Right	5	Theory SEC: Unit 4: Normative Theories: (a) Ethical Egoism & Utilitarianism	6
June	Theory CC: Unit 4: Critical Theory of Kant	4	Theory SEC- 2: Unit 6: Preamble, Fundamental Rights and Duties (Indian Constitution)	5	Theory SEC: Unit 4: (b) Kant's Moral Theory	6

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TEACHING PLAN OF DASARATH MURMU

Philosophy (Major & SEC) - (July 2023 – December 2023 & January 2024 – June 2024)

Month	Sem-I (Major)	No. of Lecture	Sem-I (SEC)	No. of Lecture
July	Module-I Detailed Introduction: General Features of Indian Philosophy	04	Module-I Definition and nature of Human Rights	08
August	Basic concepts of the Vedic and the <i>Upaniṣadic</i> world-views	04	Definition and nature of Human Rights	07
September	Basic concepts of the Vedic and the <i>Upaniṣadic</i> world-views	04	Origin and historical development of Human Rights during ancient, medieval, modern and contemporary period	08
October	<i>Cārvāka: pramāṇatattva</i>	01	Module-III Indian Constitution: Preamble	04
November	<i>Cārvāka: pramāṇatattva</i>	04	Fundamental Rights and Duties Fundamental Rights vis-à-vis Human Rights	07
December	<i>jaḍavāda and dehātmavāda</i>	04	Fundamental Duties Fundamental Rights vis-à-vis Human Rights	08

Month	Sem-II (SEC)	No. of Lecture
January	Module-I Nature & Scope of Environmental Ethics, Intrinsic and Instrumental Values	12
February	Module-I Nature & Scope of Environmental Ethics, Intrinsic and Instrumental Values	10
March	Module-II Anthropocentrism, Non-Anthropocentrism	11
April	Module-II Anthropocentrism, Non-Anthropocentrism	12
May	Module-III Tagore's Understanding of Nature	10
June	Module-III Tagore's Understanding of Nature	11

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TEACHING PLAN OF DASARATH MURMU
Philosophy (Minor) - (July 2023 – June 2024)

Month	Sem-I (Minor)	No. of Lecture
July	Module-I Introduction: General features of Indian Philosophy	04
August	Module-I Introduction: General features of Indian Philosophy	04
September	<i>Cārvāka: pramāṇatattva,</i>	04
October	<i>Cārvāka: pramāṇatattva,</i>	01
November	<i>jaḍavāda</i>	04
December	<i>Dehātmavāda</i>	04
Month	Sem-II (Minor)	No. of Lecture
January	Sāṅkhya: Concepts of <i>puruṣa</i> and <i>prakṛti</i> , <i>satkāryavāda, pariṇāmavāda</i>	03
February	Sāṅkhya: Concepts of <i>puruṣa</i> and <i>prakṛti</i> ,	04
March	<i>Satkāryavāda</i>	04
April	<i>Satkāryavāda</i>	04
May	<i>pariṇāmavāda</i>	04
June	<i>pariṇāmavāda</i>	04

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DEPARTMENT OF PHILOSOPHY

TEACHING PLAN OF Mr. RAMESH DAS
Philosophy (Honours) (July 2023 – June 2024)

Month		Sem-III (H)	No. of Lecture	Sem-V (H)	No. of Lecture
Jul		Theory CC-5: Indian Ethics Unit-1: <i>puruṣārtha</i> (Cārvāka and Āstikaviews)	17	Theory DSE-1: Kathopaniṣad Chapter 1: Kathopaniṣad First Chapter : vallis – I,	16
Aug		Theory CC-5: Unit 2: Vedic Concepts : ṛta, satya, yajña, ṛna	17	Theory DSE-1: Chapter 1: Kathopaniṣad First Chapter : vallis – I,	18
Sept		Theory CC-5: Unit 3: Ethics in <i>Śrīmadbhagavadgītā</i> : niṣkāmakarma and sthitaprajña	17	Theory DSE-1: Chapter 2: First Chapter : vallis – II	17
Oct		Theory CC-5: Unit 4: Buddhist Ethics : pañcaśīla and brahmavihāra	16	Theory DSE-1: Chapter 2: First Chapter : vallis – II	15
Nov		Theory CC-5: Unit 5 Jaina Ethics : pañcavrata: mahāvratā and anuvratā, and triratna	18	Theory DSE-1: Chapter 3: First Chapter : vallis – III	17

Dec			Theory CC-5: Unit 6: Yoga Ethics: yama and niyama	17	Theory DSE-1: Chapter 3: First Chapter : vallis – III	16
	Sem-II (H)		Sem-IV (H)		Sem-VI (H)	
Jan	Theory CC-3: Outlines of Indian Philosophy-II Unit-2: Yoga: (i) citta,(ii) cittabhūmi,(iii) cittavṛtti,	7	Theory CC-9: Psychology Unit-1&2: 1.Nature of Psychology 2.Research Methods in Psychology	16	Theory DSE-3: Rabindranath Tagore: Sa dhana Unit 1: THE RELATION OF THE INDIVIDUAL TO THE UNIVERSE	17
Feb	Theory CC-3: Unit-2: (iv) cittavṛttinirodha (v) īśvara	9	Theory CC-9: Unit-3: Central Nervous system	18	Theory DSE-3: Unit 1: THE RELATION OF THE INDIVIDUAL TO THE UNIVERSE	18
Mar	Theory CC-3: Unit-3: Pūrva-Mīmāṃsā: (i) pramāṇa-s with special reference to arthāpatti and anupalabdhi	7	Theory CC-9: Unit 4&5: 4.Perception: Colour and Depth , Pattern Recognition, Perceptual Organization 5.Attention: Nature, Conditions, Span and Division of Attention	17	Theory DSE-3: Unit 2: SOUL CONSCIOUSNESS	17
Apr	Theory		Theory		Theory	

	CC-3: Unit-3: (ii) prāmāṇyavāda	8	CC-9: Unit -6: Learning: Classical Conditioning Theory, Instrumental (Operant) Conditioning Theory, Trial and Error Theory, Insight Theory	18	DSE-3: Unit-3: THE PROBLEM OF EVIL	16
May	Theory CC-3: Unit-6: <i>Khyātivāda:</i> (Theory of Error): Bhāṭṭa	8	Theory CC-9: Unit -7& 8: 7. Memory: Factors of Memory, Marks of Good Memory, Laws of Association, Causes of Forgetfulness 8. Consciousness: Levels of Consciousness, Freud's Theory of Dream	17	Theory DSE-3: Unit-4: THE PROBLEM OF SELF	16
June	Theory CC-3: Unit-6: <i>Khyātivāda:</i> (Theory of Error): Advaita Vedanta	7	Theory CC-9: Unit-9: Intelligence: Insight and Intelligence, Measurement of Intelligence, I. Q. Test of Intelligence	15	Theory DSE-3: Unit-5: REALISATION IN LOVE	18

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DEPARTMENT OF PHILOSOPHY

**TEACHING PLAN OF Ramesh Das
Philosophy (General) - (July 2023 – June 2024)**

Month			Sem-III (G)	No. of Lecture	Sem-V (G)	No. of Lecture
Jul			Theory		Theory GE- 1: Indian Philosophy 3. Jainism: (a)anekāntavāda and(b)syādvāda and nayavāda	7
Aug					Theory 4. Buddhism: (b)Four Noble Truths(b)pratiśālyasamutpāda(c)kṣaṇabhāṅgavādaand(d)nairātmyavāda	6
Sept					Theory 5. Nyāya(a) pramāṇa: pratyakṣa (perception), anumāna (inference),	6
Oct			Theory		Theory 5. Nyāya(a) upamāna (comparison) and śabda (testimony)	6

Nov			Theory		Theory 7. Yoga : (a)cittavṛttinirodha and (b)aṣṭāṅgayoga	6
Dec			Theory		Theory 8. Mīmāṃsā :(a)arthāpattian (b)anupalabdhi	5
				Sem-IV (G)	Sem-VI (G)	
Jan	Sem-II (G) CC- 1B: Western Philosophy 5. Theories of Causation :RegularityTheoryandEntailmentTheory	7	Theory		Theory GE- 2: Western Philosophy 5. Theories of Causation :RegularityTheoryandEntailmentTheory	8

Feb	6. Substance :Views ofDescartes,Spi noza	7	Theory	Theory 6. Substance :Views ofDescartes,Spinoza	7
Mar	6. Substance :Locke andBerkeley	7	Theory	Theory 6. Substance :Locke andBerkeley	8
Apr	7. Relation betweenMind and Body :Interactio nism	6	Theory	Theory 7. Relation betweenMind and Body :Interactionism	6
May	7. Relation betweenMind and Body : Parallelism	6	Theory	Theory 7. Relation betweenMind and Body : Parallelism	7
June	8. Theories ofEvolution :Mechanistic	4	Theory	Theory 8. Theories ofEvolution :Mechanistic and Emergent	5

	and Emergent					
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DEPARTMENT OF PHILOSOPHY
SURI VIDYASAGAR COLLEGE

TEACHING PLAN OF RAMESH DAS

Philosophy (Major & Multi/Inter disciplinary) - (July 2023 – December 2023)

Month	Sem-I (Major)	No. of Lecture	Sem-I (Multi/Inter disciplinary)	No. of Lecture
July	Outlines of Philosophy: Indian and Western—I Jainism: <i>anekāntavāda,</i> <i>syādvāda</i>	04	Module-III Sri Aurobindo Integral yoga	04
August	<i>nayavāda</i> , Theory of self and liberation,	04	Integral education	04
September	Nature of substance: Relation between Substance, Attributes & Modes	04	<i>Niskāma karma</i>	04
October	Buddhism: Four Noble Truths,	01		
November	Buddhism: Four Noble Truths, <i>pratītyasamutpāda</i> <i>vāda,</i>	04		
December	<i>kṣaṇabhāṅgavāda,</i> <i>nairātmyavāda,</i> Four Major Schools of Buddhism	04		

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SURI VIDYASAGAR COLLEGE

TEACHING PLAN OF RAMESH DAS
Philosophy (Minor) - (July 2023 – June 2024)

Month	Sem-I (Minor)	No. of Lecture
July	Jainism: <i>anekāntavāda,</i>	04
August	<i>syādvāda</i>	04
September	<i>navavāda</i>	04
October	Buddhism: Four Noble Truths,	01
November	Buddhism: Four Noble Truths, <i>pratītyasamutpādavāda,</i>	04
December	<i>kṣaṇabhāṅgavāda, nairātmyavād,</i>	04
Month	Sem-II (Minor)	No. of Lecture
January	Yoga: <i>cittavrttinirodha, aṣṭāṅgayoga</i>	07
February	Mīmāṃsā: <i>pramāṇas</i>	08
March	AdvaitaVedānta: <i>Brahman, jīva, jagat</i>	08
April	Critical theory of Kant	07
May	Theories of Causation: Regularity theory and Entailment theory	08
June	Theories of Evolution	07

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DEPARTMENT OF PHILOSOPHY

TEACHING PLAN OF SUJIT MONDAL
Philosophy (Honours) - (July 2023 – June 2024)

Month			Sem-III (H)	No. of Lecture	Sem-V (H)	No. of Lecture
Jul			Theory SEC-1: Philosophy in Practice Unit1: Common and Differentiating Characteristics of Philosophy and <i>darśana</i>.	6	Theory DSE-2: B. Russell: The Problems of Philosophy Chapter 1: Appearance and Reality.	18
Aug			Theory SEC-1: Unit 2: Nature of Inquiry in Philosophy and <i>darśana</i>.	6	Theory DSE-2: Chapter 2: The Existence of Matter.	18
Sept			Theory SEC-1: Unit 3: Outlines of the types of Inquiry in Philosophy and <i>darśana</i>: (a) Epistemic Inquiry in Philosophy and <i>darśana</i> , (b) Metaphysical Inquiry in Philosophy and <i>darśana</i> ,(c) Axiological Inquiry in Philosophy and <i>darśana</i> .	7	Theory DSE-2: Chapter 3: The Nature of Matter.	17
Oct			Theory SEC-1: Unit 4: A few Model World-views and corresponding paths leading to Perfection: (a) Plato's view, (b) Kant's view.	6	Theory DSE-2: Chapter 4: Idealism.	18
Nov			Theory SEC-1: Unit 4:(c) Sāṅkhya view and (d) Advaita Vedānta View.	7	Theory DSE-2: Chapter 5: Knowledge by Acquaintance and Knowledge by Description.	16

Dec			Theory SEC-1: Unit 5: Methods of Philosophical Discourse (kathā) : (a) vāda, (b) jalpa, (c) vitarṇḍā, (d) chhala, (e) jāti and (f) nigrasthāna	7	Theory DSE-2: Chapter 6: On Induction .	18
	Sem-II (H)		Sem-IV (H)		Sem-VI (H)	
Jan	Theory CC4: Outlines of Western Philosophy—II Unit 4: Introduction: Kant: (a) Idea of the Critical Philosophy.	10	Theory CC10: Philosophy of Religion Unit 1: Introduction: Nature and Scope of Philosophy of Religion: (a) Religion, Dharma, Dhamma and (b) Philosophy of Religion, Comparative Religion and Theology	18	Theory CC13: Philosophy in the Twentieth Century: Indian Unit 1: Rabindranath Tagore: (a) Nature of Man : The Finite Aspect of Man, the Infinite Aspect of Man, (b) Nature of Religion, and (c) Surplus in Man	17
Feb	Theory CC4: Outlines of Western Philosophy—II Unit 4: (b) Possibility of Metaphysics, (c) Kant's Copernican Revolution in Philosophy.	9	Theory CC10: Unit 2: Origin and Development of Religion : Anthropological and Freudien Theories	16	Theory CC13: Unit 2: Swami Vivekananda: (a) Practical Vedānta, (b) Universal Religion and (c) Yoga	17
Mar	Theory CC4: Outlines of Western Philosophy—II Unit 4: (d) Role of Sensibility and Understanding in the Origin of Knowledge.	10	Theory CC10: Unit 3: Fundamental Features of Major Religions: Hinduism, Christianity, Islam, Buddhism: Basic Tenets,	17	Theory CC13: Unit 3: Sri Aurobindo: (a) Nature of Reality, (b) Human Evolution—its different stages and (c) Integral Yoga	18

			Bondage and Liberation			
Apr	Theory CC4: Outlines of Western Philosophy—II Unit 4: (e) Possibility of Synthetic A-priori Judgments and (f) Space and Time	9	Theory CC10: Unit 4: Arguments against the Existence of God: Sociological Arguments, Freudian Arguments, Buddhist Arguments.	18	Theory CC13: Unit 4: S. Radhakrishnan: (a) Nature of Man, (b) Nature of Religious Experience and (c) Nature of Intuitive Apprehension	17
May	Theory CC4: Outlines of Western Philosophy—II Unit 5: (a) Dialectical Method	7	Theory CC10: Unit 5: Arguments for the Existence of God (Indian and Western): Yoga Arguments, Nyāya Arguments, Cosmological Arguments, Teleological Arguments, Ontological Arguments.	16	Theory CC13: Unit 5: Md. Iqbal: (a) Nature of the Self, (b) Nature of the World and (c) Nature of God	18
June	Theory CC4: Outlines of Western Philosophy—II Unit 5: (b) The Absolute	8	Theory CC10: Unit 6: The Problem of Evil. Unit 7: Monotheism, Polytheism and Henotheism.	16	Theory CC13: Unit 6: Mahatma Gandhi: (a) God and Truth and (b) Ahimsa	18

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DEPARTMENT OF PHILOSOPHY

**TEACHING PLAN OF SUJIT MONDAL
Philosophy (General) - (July 2023 – June 2024)**

Month		Sem-III (G)	No. of Lecture	Sem-V (G)	No. of Lecture
Jul		Theory SEC- 1: Philosophy in Practice Unit-1: I. Common and Differentiating Characteristics of Philosophy And <i>darśana</i>	4	Theory DSE- 1A: Philosophy of Religion Unit-1: 1. Nature and Scope of Philosophy of Religion: (a) Religion, Dharma, Dhamma, (b)Philosophy of Religion, Comparative Religion and Theology	10
Aug		Theory SEC- 1: Philosophy in Practice Unit-2: 2. Nature of Inquiry in Philosophy and <i>darśana</i>	4	Theory DSE- 1A: Philosophy of Religion Unit-2: 2. Anthropological and Freudien Theories concerning the Origin and Development of Religion	13
Sept		Theory SEC- 1: Philosophy in Practice Unit-3: 3. OutlinesoftheTypesofInquiryinP hilosophyand <i>darśana</i>: (a)EpistemicInquiryinPhilosophy and <i>darśana</i> and (b) Metaphysical Inquiry in Philosophy and <i>darśana</i>	5	Theory DSE- 1A: Philosophy of Religion Unit-3: 3. FundamentalFeaturesof MajorReligions: Hinduis m,Christianity,Islam:Basic Tenets,Bondageand Liberation	14
Oct		Theory SEC- 1: Philosophy in Practice Unit-4: 4. AfewModelWorld-viewsandCorrespondingPathsLe adingtoPerfection:(a)Plato'sview,	4	Theory DSE- 1A: Philosophy of Religion Unit-4: 4. Arguments for the Existence of God: (Indian and Western):	10

			(b) Kant's view		Yoga Arguments, Cosmological Arguments, Teleological Arguments, Ontological Arguments	
Nov			<p>Theory SEC- 1: Philosophy in Practice Unit-4:</p> <p>4. A few Model World-views and Corresponding Paths Leading to Perfection: (c) Sāṃkhya view and (d) Advaita Vedānta View</p>	4	<p>Theory DSE- 1A: Philosophy of Religion Unit-5:</p> <p>5. Arguments against the Existence of God: Sociological Arguments, Freudian Arguments</p>	12
Dec			<p>Theory SEC- 1: Philosophy in Practice Unit-5:</p> <p>5. Methods of Philosophical Discourse (<i>kathā</i>): (a) vāda, (b) jalpa, (c) vitaṇḍā, (d) chhala, (e) jāti and (f) nigrahasthāna</p>	4	<p>Theory DSE- 1A: Philosophy of Religion Unit-6:</p> <p>6. Monotheism, Polytheism, Henotheism</p>	8
	Sem-II (G)		Sem-IV (G)		Sem-VI (G)	
Jan		7	<p>Theory CC- 1D: Contemporary Indian Philosophy Unit-1:</p> <p>1. Rabindranath Tagore: (a) Nature of Man: The Finite Aspect of Man, the Infinite Aspect of Man, (b) Nature of Religion and (c) Surplus in man</p>	8	<p>Theory GE- 2: Western Philosophy Unit-1:</p> <p>1. Metaphysics : Nature of Metaphysics, Elimination of Metaphysics</p>	8

Feb		9	<p>Theory CC- 1D: Contemporary Philosophy Unit-2:</p> <p>2. Swami Vivekananda: (a) Practical Vedānta and (b) Universal Religion</p>	Indian	7	<p>Theory GE- 2: Western Philosophy Unit-2: 2. Realism : Naive Realism, Scientific Realism</p>	7
Mar		7	<p>Theory CC- 1D: Contemporary Philosophy Unit-3:</p> <p>3. Sri Aurobindo: (a) Nature of Reality, (b) Human Evolution – its different stages, (c) Integral Yoga</p>	Indian	8	<p>Theory GE- 2: Western Philosophy Unit-2: 2. Realism : Scientific Realism, Representative Realism</p>	8
Apr		8	<p>Theory CC- 1D: Contemporary Philosophy Unit-4:</p> <p>4. S. Radhakrishnan: (a) Nature of Man, (b) Nature of Religious Experience</p>	Indian	6	<p>Theory GE- 2: Western Philosophy Unit-3: 3. Idealism: Subjective Idealism</p>	10
May		8	<p>Theory CC- 1D: Contemporary Philosophy Unit-5:</p> <p>5. Md. Iqbal: (a) Nature of the Self, (b) Nature of the World, (c) Nature of God</p>	Indian	5	<p>Theory GE- 2: Western Philosophy Unit-3: 3. Idealism: Objective Idealism</p>	7
June		7	<p>Theory CC- 1D: Contemporary Philosophy Unit-6:</p>	Indian	4	<p>Theory GE- 2: Western Philosophy Unit-4: 4. Critical Theory of Kant</p>	6

			6. Mahatma Gandhi: (a) God and Truth and (b) Ahimsa				11
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DEPARTMENT OF PHILOSOPHY
SURI VIDYASAGAR COLLEGE

TEACHING PLAN OF SUJIT MONDAL

Philosophy (Major & Multi/Inter Disciplinary) - (July 2023 – June 2024)

Month	Sem-I (Major)	No. of Lecture	Sem-I (Multi/Inter Disciplinary)	No. of Lecture
July	Module-III The Pre-Socratic Period: Ionian School,	04	Module-I Swami Vivekananda Practical Vedānta	08
August	The Pre-Socratic Period: Ionian School,	04	Nature of God	08
September	Parmenides, Heraclitus ,	04	Nature of Man	07
October	Zeno	01	Nature of the World	04
November	Plato: Theory of Knowledge	04	Module-II Swami Vivekananda <i>karma yoga, jñāna yoga</i>	08
December	Plato: Theory of Ideas	04	<i>bhakti yoga and rāja yoga</i>	07
Month	Sem-II (Major)	No. of Lecture	Sem-II (Multi/Inter Disciplinary)	No. of Lecture
January	Nyāya–Vaiśeṣika: Nyāya Epistemology: <i>pratyakṣa</i>	07	Module-I Rabindranath Tagore: Nature of Religion, Problem of Evil, Surplus in man Module-II	11
February	<i>anumāna, upamāna</i> and <i>śabda</i>	08	Module-I Rabindranath Tagore: Problem of Evil, Surplus in man	11
March	Vaiśeṣika Metaphysics: <i>saptapadārtha, paramāṇuvāda</i>	07	Module-II S. Radhakrishnan: Nature of Religious Experience	12
April	Module-II Sāṃkhya: <i>satkāryavāda, pañcaviṃśatitattva, tattvapariṇāma,</i>	08	Module-II S. Radhakrishnan: Nature of Intuitive Apprehension, Secularism	12

May	<i>prakṛti</i> and its <i>guṇas</i> , notion of <i>puruṣa</i> , <i>bahupuruṣavāda</i>	08	Module III Md. Iqbal: Nature of the Self	11
June	Yoga: <i>citta</i> , <i>cittabhūmi</i> , <i>cittavṛtti</i> , <i>cittavṛttinirodha</i> and <i>īśvara</i>	08	Module III Md. Iqbal: Nature of the World, Nature of God	08

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TEACHING PLAN OF SUJIT MONDAL
Philosophy (Minor) - (July 2023 – December 2023)

Month	Sem-I (Minor)	No. of Lecture
July	Module- III Metaphysics: Nature of Metaphysics	04
August	Elimination of Metaphysics	04
September	Naïve Realism	04
October	Scientific Realism	01
November	Representative Realism	04
December	Idealism: Subjective Idealism, Objective Idealism	04

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DEPARTMENT OF PHILOSOPHY
SURI VIDYASAGAR COLLEGE

TEACHING PLAN OF SIMANTI CHATTOPADHYAY
Philosophy (Major, Minor, ID & SEC) - (July 2023 – June 2024)

Month	Sem-I (Major)	No. of Lecture
July	Module-I Detailed Introduction: General Features of Indian Philosophy, Basic concepts of the Vedic and the Upaniṣadic world-views	14
August	Module-II Cārvāka: <i>pramāṇatattva, jaḍavāda</i> and <i>dehātmavāda</i>	15
September	Jainism: <i>anekāntavāda, syādvāda</i> and <i>nayavāda</i> , Theory of self and liberation, Nature of substance: Relation between Substance, Attributes & Modes	16
October	Buddhism: Four Noble Truths, <i>pratīyasamutpādavāda, kṣaṇabhāṅgavāda, nairātmyavāda</i> , Four Major Schools of Buddhism	08
November	Module-III The Pre-Socratic Period: Ionian School, Parmenides, Heraclitus, Zeno Plato: Theory of Knowledge, Theory of Ideas	15
December	Module-IV Aristotle: Refutation of Plato's Theory of Ideas, Theory of Substance, Form and Matter, Theory of Causation	08
Month	Sem-I (Minor)	No. of Lecture
July	Module-I Introduction: General features of Indian Philosophy Cārvāka: <i>pramāṇatattva, jaḍavāda</i> and <i>dehātmavāda</i>	14
August	Module: II Jainism: <i>anekāntavāda, syādvāda</i> and <i>nayavāda</i>	14
September	Module: II Buddhism: Four noble truths, <i>pratīyasamutpādavāda, kṣaṇabhāṅgavāda, nairātmyavāda</i>	16
October	Module- III Metaphysics: Nature of Metaphysics, Elimination of Metaphysics	15

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TEACHING PLAN OF SIMANTI CHATTOPADHYAY
Philosophy (Major, Minor, ID & SEC) - (July 2023 – June 2024)

Month	Sem-I (Major)	No. of Lecture
July	Module-I Detailed Introduction: General Features of Indian Philosophy, Basic concepts of the Vedic and the Upaniṣadic world-views	14
August	Module-II Cārvāka: <i>pramāṇatattva, jaḍavāda</i> and <i>dehātmavāda</i>	15
September	Jainism: <i>anekāntavāda, syādvāda</i> and <i>nayavāda</i> , Theory of self and liberation, Nature of substance: Relation between Substance, Attributes & Modes	16
October	Buddhism: Four Noble Truths, <i>pratītyasamutpādvāda, kṣaṇabhāṅgavāda, nairātmyavāda</i> , Four Major Schools of Buddhism	08
November	Module-III The Pre-Socratic Period: Ionian School, Parmenides, Heraclitus, Zeno Plato: Theory of Knowledge, Theory of Ideas	15
December	Module-IV Aristotle: Refutation of Plato's Theory of Ideas, Theory of Substance, Form and Matter, Theory of Causation	08
Month	Sem-I (Minor)	No. of Lecture
July	Module-I Introduction: General features of Indian Philosophy Cārvāka: <i>pramāṇatattva, jaḍavāda</i> and <i>dehātmavāda</i>	14
August	Module: II Jainism: <i>anekāntavāda, syādvāda</i> and <i>nayavāda</i>	14
September	Module: II Buddhism: Four noble truths, <i>pratītyasamutpādvāda, kṣaṇabhāṅgavāda, nairātmyavāda</i>	16
October	Module- III Metaphysics: Nature of Metaphysics, Elimination of Metaphysics	15

November	Realism: Naïve Realism, Scientific Realism, Representative Realism Idealism: Subjective Idealism, Objective Idealism	15
December	Module- IV Substance: Views of Descartes, Spinoza, Locke and Berkeley Relation between Mind and Body: Interactionism and Parallelism	10
Month	Sem-I (Multi/Inter disciplinary)	No. of Lecture
July	Module-I Swami Vivekananda Practical Vedānta—Nature of God, Man and the World	11
August	Module-I Swami Vivekananda Practical Vedānta—Nature of God, Man and the World	10
September	Module-II Swami Vivekananda <i>karma yoga, jñāna yoga</i>	11
October	<i>bhakti yoga and rāja yoga</i>	04
November	Module-III Sri Aurobindo Integral yoga, Integral education	10
December	<i>Niṣkāma karma</i>	08
Month	Sem-I: Skill Enhancement Course (SEC)	No. of Lecture
July	Module-I Definition and nature of Human Rights	12
August	Origin and historical development of Human Rights during ancient, medieval, modern and contemporary period	11

September	Module-II Natural Rights tradition: Thomas Hobbes, John Locke and Thomas Paine, Some Reactions to Natural Rights tradition: Jeremy Bentham, Edmund Burke	10
October	Contemporary perspective: Joel Feinberg, Thomas Hill Green, Rex Martin and Margaret MacDonald	08
November	Module-III Indian Constitution: Preamble, Fundamental Rights and Duties	11
December	Fundamental Rights vis-à-vis Human Rights	05
Month	Sem-II (Major)	No. of Lecture
January	Module-I Nyāya–Vaiśeṣika: Nyāya Epistemology: <i>pratyakṣa, anumāna, upamāna</i> and <i>śabda</i>	13
February	Vaiśeṣika Metaphysics: <i>saptapadārtha, paramāṇuvāda</i>	12
March	Module-II Sāṃkhya and Yoga: <i>satkāryavāda, pañcaviṃśatitattva, tattvaparīṇāma, prakṛti</i> and its <i>guṇas</i> , notion of <i>puruṣa</i> , <i>bahupuruṣavāda</i> , <i>citta</i> , <i>cittabhūmi</i> , <i>cittavṛtti</i> , <i>cittavṛttinirodha</i> and <i>īśvara</i>	16
April	Module-III Descartes : Method of Doubt, <i>Cogito Ergo Sum</i> , Criterion of Truth, Classification of Ideas, Interactionism, Substance	15
May	Module-IV Spinoza: The Doctrine of Substance, Attributes and Modes, Parallelism, Degrees of Knowledge, Determinism and Freedom	14
June	Leibniz : Monadology and Pre-established Harmony, Truths of Reason and Truths of Fact, Theory of Knowledge	07

Month	Sem-II (Minor Course)	No. of Lecture
January	Module-I Nyāya–Vaiśeṣika: <i>pramāṇas (pratyakṣa, anumāna, upamāna and śabda), saptapadārtha</i>	14
February	Sāṃkhya: Concepts of <i>puruṣa</i> and <i>prakṛti</i> , <i>satkāryavāda</i> , <i>pariṇāmavāda</i>	13
March	Yoga: <i>cittavṛttinirodha</i> , <i>aṣṭāṅgayoga</i>	15
April	Module-II Mīmāṃsā: <i>pramāṇas</i> Advaita Vedānta: <i>Brahman, jīva, jagat</i>	16
May	Module-III Critical theory of Kant Theories of Causation : Regularity theory and Entailment theory	13
June	Module-IV Theories of Evolution	07
Month	Sem-II (Multi/Interdisciplinary)	No. of Lecture
January	Module-I Rabindranath Tagore: Nature of Religion, Problem of Evil, Surplus in man	10
February	Module-I Rabindranath Tagore: Problem of Evil, Surplus in man	10
March	Module-II S. Radhakrishnan: Nature of Religious Experience	12
April	Module-II S. Radhakrishnan: Nature of Intuitive Apprehension, Secularism	12
May	Module III Md. Iqbal: Nature of the Self, Nature of the World, Nature of God	11

June	Module III Md. Iqbal: Nature of God	06
Month	Sem-II (Skill Enhancement Course - SEC)	No. of Lecture
January	Module-I Nature & Scope of Environmental Ethics	10
February	Intrinsic and Instrumental Values	10
March	Module-II Anthropocentrism	12
April	Module-II Non-Anthropocentrism	12
May	Module-III Tagore's Understanding of Nature	10

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DEPARTMENT OF PHILOSOPHY

**TEACHING PLAN OF SIMANTI CHATTERJEE
Philosophy (General) - (July 2023 – June 2024)**

Month	No. of Lecture	Sem-III (G)	No. of Lecture	Sem-V (G)	No. of Lecture
Jul	12	Theory CC-1C: Logic Unit1: 1. Basic Concept of Logic: (a) Nature and Scope of Logic, (b) Sentence, Proposition and Statement and (c) Inference and Argument Theory SEC- 1 Philosophy in Practice Unit1: 1. Common and Differentiating Characteristics of Philosophy and darśana	5	Theory DSE- 1A : Philosophy of Religion Unit1: 1. Nature and Scope of Philosophy of Religion: (a) Religion, Dharma, Dhamma, (b) Philosophy of Religion, Comparative Religion and Theology GE- 1 : Indian Philosophy Unit1&2: 1. Introduction: General Features of Indian Philosophy 2. Cārvāka: (a) pratyakṣa (perception) as the only Source of Knowledge (b) Refutation of anumāna (inference) and śabda (testimony) as Sources of Knowledge and (c) jaḍavāda and dehātmavāda	10
		Theory CC-1C: Unit 2: 2. Types of Argument : Deductive Argument and Inductive Argument Theory SEC- 1 Unit 2: 2. Nature of Inquiry in Philosophy and darśana		11	Theory DSE- 1A : Unit2: 2. Anthropological and Freudien Theories concerning the Origin and Development of Religion GE- 1 Unit 3&4: 3. Jainism: (a) anekāntavāda and (b) syādvāda and nayavāda 4. Buddhism: (a) Four Noble Truths (b) prātibhāsasamutpāda
Aug	4				13

				(b)kṣaṇabhaṅgavādaand(c) nairātmyavāda	
Sept		<p>Theory CC-1C: Unit 3</p> <p>3. Opposition of Propositions</p> <p>SEC- 1 Unit 3: 3. Outlines of the Types of Inquiry in Philosophy and darśana: (a) Epistemic Inquiry in Philosophy and darśana and (b) Metaphysical Inquiry in Philosophy and darśana</p>	10	<p>Theory DSE- 1A Unit3:</p> <p>3. Fundamental Features of Major Religions: Hinduism, Christianity, Islam: Basic Tenets, Bondage and Libera</p> <p>GE- 1 Unit5:</p> <p>5. Nyāya–Vaiśeṣika: pramāṇa: pratyakṣa (perception), anumāna (inference), upamāna (comparison) and śabda (testimony)</p>	14
			4		13
Oct		<p>Theory CC-1C: Unit 4:</p> <p>4. Immediate Inference: Conversion, Obversion and Contraposition</p> <p>SEC- 1 Unit 4:</p> <p>4. A few Model World-views and Corresponding Paths Leading to Perfection: (a) Plato's view, (b) Kant's view,</p>	11	<p>Theory DSE- 1A : Unit4:</p> <p>4. Arguments for the Existence of God: (Indian and Western): Yoga Arguments, Cosmological Arguments, Teleological Arguments, Ontological Arguments</p> <p>GE- 1 Unit6&7:</p> <p>6. Sāṃkhya: Satkāryavāda (Theory of Causality) 7. Yoga : (a) citta-vṛttinirodha and (b) aṣṭāṅgayoga</p>	15
			5		13
Nov		<p>Theory CC-1C: Unit 5&6:</p> <p>5. Categorical Syllogisms : Rules and Fallacies, Venn Diagram 6. Truth-functional Arguments</p> <p>SEC- 1 Unit 4:</p>	12	<p>Theory DSE- 1A : Unit5:</p> <p>5. Arguments against the Existence of God: Sociological Arguments, Freudian Arguments</p> <p>GE- 1 Unit8:</p>	15
			4		10

			4. A few Model World-views and Corresponding Paths Leading to Perfection: (c) Sāṃkhya view and (d) Advaita Vedānta View		8. Mīmāṃsā : (a) arthāpatti and (b) anupalabdhi	
Dec			<p>Theory CC-1C: Unit 7:</p> <p>7. Science and Hypothesis</p> <p>SEC- 1 Unit 5:</p> <p>5. Methods of Philosophical Discourse (kathā): (a) vāda, (b) jalpa, (c) vitanḍā, (d) chhala, (e) jāti and (f) nigrasthāna</p>	9 4	<p>Theory DSE- 1A : Unit 6: 6. Monotheism, Polytheism, Henotheism</p> <p>GE- 1 Unit 9:</p> <p>9. Advaita Vedānta: Brahman, jīva and jagat</p>	12 8
	Sem-II (G)		Sem-IV (G)		Sem-VI (G)	
Jan	<p>Theory CC-1B: Western Philosophy Unit 1 & 2:</p> <p>1. Metaphysics : Nature of Metaphysics, Elimination of Metaphysics 2. Realism : Naive Realism, Scientific Realism, Representative Realism</p>	7	<p>Theory CC- 1D: Contemporary Indian Philosophy</p> <p>Unit 1:</p> <p>1. Rabindranath Tagore: (a) Nature of Man: The Finite Aspect of Man, the Infinite Aspect of Man, (b) Nature of Religion and (c) Surplus in man</p> <p>SEC- 2 Unit 1:</p> <p>1. Definition and Nature of Human Rights</p>	12 4	<p>Theory DSE-1B: Tarkasārṅgraha with Dīpikā Unit 1: a. Dravya</p> <p>GE- 2: Western Philosophy Unit 1 & 2:</p> <p>1. Metaphysics : Nature of Metaphysics, Elimination of Metaphysics 2. Realism : Naive Realism, Scientific Realism, Representative Realism</p>	17 12
Feb	<p>Theory CC-1B: Unit 3 & 4:</p> <p>3. Idealism: Subje</p>	9	<p>Theory CC-1D: Unit 2:</p> <p>2. Swami Vivekananda:</p>	10	<p>Theory DSE-1B Unit 1:</p>	15

	<p>ctive Idealism, Objective Idealism</p> <p>4. Critical Theory of Kant</p>		<p>(a) Practical Vedānta and (b) Universal Religion</p> <p>SEC- 2 Unit 2:</p> <p>2. The Idea of Human Rights: Its Origins and Historical Developments during Ancient period</p>	5	<p>Guna</p> <p>GE- 2 Unit 3:</p> <p>3. Idealism: Subjective Idealism, Objective Idealism</p>	12
Mar	<p>Theory CC-1B: Unit-5:</p> <p>5. Theories of Causation: Regularity Theory and Entailment Theory</p>	7	<p>Theory CC-1D: Unit 3:</p> <p>3. Sri Aurobindo: (a) Nature of Reality, (b) Human Evolution – its different stages, (c) Integral Yoga</p> <p>SEC- 2 Unit 2:</p> <p>2. The Idea of Human Rights: Modern period and Contemporary period</p>	11 4	<p>Theory DSE-1B Unit 1:</p> <p>karma</p> <p>GE- 2 Unit 4 & 5:</p> <p>4. Critical Theory of Kant</p> <p>5. Theories of Causation: Regularity Theory and Entailment Theory</p>	17 12
Apr	<p>Theory CC-1B: Unit-6:</p> <p>6. Substance: Views of Descartes, Spinoza, Locke and Berkeley</p>	8	<p>Theory CC-1D: Unit 4:</p> <p>4. S. Radhakrishnan: (a) Nature of Man, (b) Nature of Religious Experience</p> <p>SEC- 2 Unit 3:</p> <p>3. The Idea of Natural Law and Natural Rights: Thomas Hobbes and John Locke</p>	10 5	<p>Theory DSE-1B Unit 1:</p> <p>samanya</p> <p>GE- 2 Unit 6:</p> <p>6. Substance: Views of Descartes, Spinoza, Locke and Berkeley</p>	16 10
May	<p>Theory CC-1B: Unit-7:</p> <p>7. Relation between Mind and Body: Interactionism and Parallelism</p>	8	<p>Theory CC- 1D:</p> <p>5. Md. Iqbal: (a) Nature of the Self, (b) Nature of the World, (c) Nature of God</p> <p>SEC- 2</p> <p>4. Natural Right, Fundamental Right and Human Right</p>	12 4	<p>Theory DSE-1B Unit 1:</p> <p>Visesa, samabaya</p> <p>GE- 2 Unit 7:</p> <p>7. Relation between Mind and Body: Interactionism and Parallelism</p>	16 12
June	<p>Theory CC-1B:</p>		<p>Theory CC- 1D:</p>		<p>Theory DSE-1B</p>	

Unit-8: 8. Theories of Evolution :Mechanistic and Emergent	7	Unit6: 6. Mahatma Gandhi: (a)God and Truth and (b) Ahimsa SEC- 2 Unit5: 5. Preamble, Fundamental Rights and Duties (Indian Constitution)	11	Unit1: Avaba GE- 2 Unit8: 8. Theories of Evolution :Mechanistic and Emergent	12
			5		11

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DEPARTMENT OF PHYSICAL EDUCATION & SPORTS

NEP- SEM- I & II, MAJOR, MINOR, ID, SEC & CBCS- SEM- III & IV, SEM- V & VI Teaching Plan of Mr. Bappa Sanguin

Physical Education (General) (2023-24) (July 2023 – June 2024)

Month	Sem-I (Honours) NEP	No. of Lecture	Sem-III (Gen) CBCS	No. of Lecture	Sem-V (Gen) CBCS	No. of Lecture
	<p>SEM-I, MAJOR PAPER:</p> <p>Foundation and History of Physical Education and Sports Science Course Type: Major (Code: PEDS1011) Credit: 4 (Lect.- 3 & Pract.- 1) Full Marks- 75 (Theory: 40, Practical: 20 & Internal Assessment: 15)</p>		<p>CORE PAPER- 3: Anatomy, Physiology and Exercise Physiology Course Code- CC1C Total number of classes - 60</p>		<p>Tests, Measurements and Evaluation in Physical Education Course code: DSE 1 Total number of classes – 60 & Modern Trends and Practices in Physical Education Exercise Sciences (For the students other than Physical Education) Course code: GE1 Total number of classes – 60</p>	
Jul	<p>Theory (MAJOR)</p> <p>UNIT- 1: Concept of Physical Education and Sports Science</p> <p>1.1 Meaning, Definition and Scope of Physical Education and Sports Science</p> <p>Practical</p> <p>CONDITATION.</p> <p>SEMESTER- I Course Title: Exercise and Sports for Elementary Students Course Type: Skill Enhancement Course (Code: PEDS1051) Credit: 3 (Practical: 3) Full Marks- 50 (Practical: 40 & Internal Assessment: 10)</p> <p>Unit- 3: Sports for Elementary Students 3.1 Fundamental Movement Sports</p> <p>SEMESTER- I, MINOR: Course Title: Introduction of Physical Education and Sports Course Type: Minor (Code: PEDS1021) Credit: 4 (Lect.- 3 & Tuto.- 1) Full Marks- 75 (Theory: 60 & Internal Assessment: 15)</p> <p>UNIT- 1: Concept of Physical Education and Sports Science</p> <p>1.1 Meaning, Definition and Scope of Physical Education and Sports Science</p> <p>SEMESTER- I Course Title: Fitness and Wellness Course Type: Multi/Interdisciplinary (Code: PEDS1031) Credit: 3 (Lect.- 2 & Tuto.- 1) Full Marks- 50 (Theory: 40 & Internal Assessment: 10)</p> <p>UNIT- 1: Health Related Physical Fitness</p> <p>1.1 Concept of Fitness and Physical Fitness</p>	<p>2</p> <p>3</p>	<p>Theory</p> <p>Unit- I: Introduction</p> <p>1.1 Meaning and definition of Anatomy, Physiology and Exercise Physiology.</p> <p>1.2. Importance of Anatomy, Physiology and Exercise Physiology in Physical Education.</p> <p>SEMESTER- 3 Course code: SEC 1 COURSE TITLE: Track & Field and Racket Sports Full Marks: 50 (Practical: 40, Internal: 10) Credits: 02 Practical Hours: 40</p> <p>Track & Field (30 Marks) (Preparation of Record Book is Compulsory)</p> <p>Running Events (10 Marks): Starting Techniques: Standing start and Crouch start (its variations) use of Block. Acceleration with proper running techniques. Finishing Technique: Run Through, Forward Lunging and Shoulder Shrug. Relay Race: Starting, Baton Holding/Carrying, Baton Exchange in between zone, and Finishing.</p>	<p>6</p> <p>8</p>	<p>Theory</p> <p>Unit- I: Introduction Course code: DSE 1</p> <p>1.1. Concept of test, measurement & Evaluation. 1.2. Criteria of good test.</p> <p>Course code: GE1 Unit- I: Introduction</p> <p>1.1. Meaning, definition and importance of physical Education and Sports. 1.2. Aims, objectives and scope of Physical Education.</p> <p>Indian Games and Racket Sports Course Code: SEC3</p> <p>BADMINTON A. Fundamental skills 1. Basic Knowledge: Various parts of the Racket and Grip. 2. Service: Short service, Long service, Long-high service. 3. Shots: Over head shot, Defensive clear shot, Attacking clear shot, Drop shot, Net shot, Smash.</p>	<p>6</p> <p>10</p> <p>7</p>

<p>Aug</p>	<p><u>Theory</u></p> <p>1.2 Concept of Play, Games and Sports</p> <p><u>Practical</u></p> <p>1. Physical Fitness Test through AAHPERD (10 Marks)</p> <p>SEMESTER- I, Major SEC:</p> <p>3.2 Low Level Individual Sports</p> <p>SEMESTER- I, MINOR:</p> <p>1.3 Concept of Play, Games and Sports</p> <p>SEMESTER- I Course Title: Fitness and Wellness</p> <p>1.2 Concept of Health Related Physical Fitness 1.3 Components of Health related Physical Fitness</p>	<p>7</p> <p>3</p>	<p><u>Theory</u></p> <p>1.1. Human Cell- Structure and function. 1.2. Tissue- Types and functions.</p> <p><u>LAB PRACTICAL</u></p> <p>1. Assessments of BMI and WHR.</p> <p>SEMESTER- 3 Course code: SEC 1</p> <p>Jumping Technique- any one (10 Marks): Long Jump: Approach Run, Take-off, Flight in the air (Hang Style/Hitch Kick) and Landing. High jump: Approach Run, Take-off, Bar Clearance (Straddle) and Landing.</p>	<p>8</p> <p>4</p>	<p><u>Theory</u></p> <p>Course code: DSE 1</p> <p>1.3. Principles of Evaluation. 1.4. Importance of Test, Measurement and Evaluation in Physical Education and Sports.</p> <p>Course code: GE1 Unit- I: Introduction</p> <p>1.2. Types of sports and their utility in physical education. 1.4. Meaning, definition and importance of Physical fitness and Motor fitness. Difference between physical fitness and motor fitness. Components of Physical fitness.</p>	<p>7</p> <p>8</p>
<p>Sept</p>	<p><u>Theory:</u></p> <p>1.4 Aim, Objectives and Importance of Physical Education and Sports Science 1.5 1.4 Modern concept of Physical Education and Sports Science</p> <p><u>Practical</u></p> <p>2. Preparation of record book of Indian Sports performance: Olympic, Commonwealth and Asian Games (10 Marks).</p> <p>SEMESTER- I, Major SEC:</p> <p>3.3 Low Level Group Sports</p> <p>SEMESTER- I, MINOR:</p> <p>1.3 Aim, Objectives and Importance of Physical Education and Sports Science 1.4 1.4 Modern concept of Physical Education and Sports Science</p> <p>SEMESTER- I Course Title: Fitness and Wellness</p> <p>1.4 Assessment Techniques of Health related Physical Fitness</p>	<p>3</p> <p>4</p>	<p><u>Theory</u></p> <p>Unit- II: Musculo-skeletal System</p> <p>2.1. Skeletal System- Structure of Skeletal System. Classification and location of bones and joints. Anatomical differences between male and female.</p> <p><u>LAB PRACTICAL</u></p> <p>2. Assessment of Heart rate, Blood Pressure, Respiratory Rate, and Pick Flow Rate (any two).</p> <p>SEMESTER- 3 Course code: SEC 1</p> <p>Throwing Events- any one (10 Marks): Shot put: Holding the Shot, Placement, Initial Stance, Glide, Delivery Stance and Recovery (Perry O'Brien Technique). Discus Throw: Holding the Discus, Initial Stance, Primary Swing, Turn, Release and Recovery (Rotation in the circle). Javelin Throw: Grip, Carry, Release and Recovery (3/5 Impulse stride).</p>	<p>8</p> <p>6</p>	<p><u>Theory</u></p> <p>Course code: DSE 1</p> <p>Unit- II: Measurements of Body Compositions and Somatotype Assessment</p> <p>Body Mass Index (BMI)- Concept and method of measurement.</p> <p>Course code: GE1 Unit- II: Biological, Psychological and Sociological Foundations of Physical Education</p> <p>2.1. Biological Foundation- Meaning and definition of growth and development. Factors affecting growth and development. Differences of growth and development. Principles of growth and development. 2.2. Meaning and definition of Psychology. Importance of Psychology in Physical Education. Qualities of good leader in Physical Education. Principles of leadership activities.</p> <p>LAB & FIELD PRACTICAL</p> <p>1. Assessment of somatotype and % body fat (any one).</p>	<p>2</p> <p>6</p> <p>2</p>
<p>Oct</p>	<p>UNIT- 4: Foundation & Principles of Physical Education and Sports Science</p> <p>4.1 Philosophical Foundation in Physical Education and Sports: Idealism, Realism, Pragmatism and</p>	<p>5</p>	<p><u>Theory</u></p> <p>2.2. Muscular System- Type, location, function and structure of muscle.</p> <p>Practical: Track and Field Course code: SEC 1</p>	<p>4</p>	<p><u>Theory</u></p> <p>Course code: DSE 1</p> <p>2.1. Body Fat- Concept and method of measurement. 2.2. Lean Body Mass (LBM)- Concept and method of measurement.</p>	<p>8</p>

	<p>Naturalism</p> <p>SEMESTER- I, MINOR:</p> <p>UNIT- 4: Foundation & Principles of Physical Education and Sports Science</p> <p>4.1 Biological Principles: Meaning and definition of growth and development. Factors affecting growth and development. Differences of growth and development. Principles of growth and development.</p> <p>UNIT- 2: Performance Related Physical Fitness</p> <p>2.1 Modern concept of Physical Fitness</p> <p>2.2 Concept of Performance Related Physical Fitness</p>		<p>1. Track Events</p> <p>1.1. Starting Techniques: Standing start and Crouch start (its variations) use of Block.</p> <p>1.2. Acceleration with proper running techniques.</p>	<p>2</p> <p>2</p>	<p>Course code: GE1</p> <p>Unit- II: Biological, Psychological and Sociological Foundations of Physical Education</p> <p>2.3. Sociological Foundation- Meaning and definition of Sociology. Social values and their Importance. Socialization Through Sports</p> <p>LAB & FIELD PRACTICAL</p> <p>2. Assessment of AAHPER Youth Fitness Test and Harvard Step Test (any one).</p>	
Nov	<p>Theory:</p> <p>4.2 Biological Principles: Meaning and definition of growth and development. Factors affecting growth and development. Differences of growth and development. Principles of growth and development. Age: Chronological age, Anatomical age, Physiological age and Mental age</p> <p>SEMESTER- I, MINOR:</p> <p>4.2 Age: Chronological age, Anatomical age, Physiological age and Mental age</p> <p>4.3 Psychological Foundation- Meaning and definition of Psychology and Sports Psychology. Importance of Psychology and Sports Psychology in Physical Education and Sports Science</p> <p>UNIT- 2: Performance Related Physical Fitness</p> <p>2.3 Components of Performance related Physical Fitness</p> <p>2.4 Assessment Techniques of Performance related Physical Fitness</p>	<p>3</p>	<p>Theory</p> <p>2.3. Types of muscular contraction.</p> <p>Practical:</p> <p>Track and Field</p> <p>Course code: SEC 1</p> <p>1.3. Finishing technique: Run Through, Forward Lunging and Shoulder Shrug.</p> <p>1.4. Relay Race: Starting, Baton Holding/Carrying, Baton Exchange in between zone, and Finishing.</p>	<p>2</p> <p>4</p>	<p>Theory</p> <p>Course code: DSE 1</p> <p>2.3. Somatotype- Concept and method of measurement</p> <p>Course code: GE1</p> <p>2.4. Role of games and sports in National and International integration.</p> <p>Course Code: SEC3</p> <p>4. Game practice with application of Rules and Regulations.</p> <p>B. Rules and their interpretations and duties of the officials.</p>	<p>2</p> <p>8</p>
Dec	<p>Theory:</p> <p>Psychological Foundation- Meaning and definition of Psychology and Sports Psychology. Importance of Psychology and Sports Psychology in Physical Education and Sports Science</p> <p>4.4 Sociological Foundation: Meaning and definition of Sociology, Society and Socialization. Role of games and sports in National and International integration.</p> <p>SEMESTER- I, MINOR:</p> <p>4.4 Sociological Foundation:</p>	<p>3</p> <p>2</p>	<p>Theory</p> <p>2.4. Effect of exercise on muscular system.</p> <p>Practical:</p> <p>Track and Field</p> <p>Course code: SEC 1</p> <p>2. Field events (any two)</p> <p>2.1. Long Jump: Approach Run, Take-off, Flight in the air (Hang Style/Hitch Kick) and Landing.</p> <p>2.2. High jump: Approach Run, Take-off, Bar Clearance (Straddle) and Landing.</p> <p>2.3. Shot put: Holding the Shot, Placement, Initial Stance, Glide, Delivery Stance and Recovery (Perry O'Brien Technique).</p> <p>2.4. Discus Throw: Holding the Discus,</p>	<p>2</p> <p>5</p>	<p>Group discuss & class exam</p> <p>Tests, Measurements and Evaluation in Physical Education</p> <p>Course code: DSE 1</p> <p>&</p> <p>Modern Trends and Practices in Physical Education Exercise Sciences</p> <p>(For the students other than Physical Education)</p> <p>Course code: GE1</p>	<p>4</p> <p>1</p>

	Meaning and definition of Sociology, Society and Socialization. Role of games and sports in National and International integration		Initial Stance, Primary Swing, Turn, Release and Recovery (Rotation in the circle). 2.5. Javelin Throw: Grip, Carry, Release and Recovery (3/5 Impulse stride).			
	Sem-II (Gen)		Sem-IV (Gen)		Sem-VI (Gen)	
Jan	<p>Course Title: Health and Wellness Education Course Type: Major (Code: PEDS2011) Credit: 4 (Lect.- 3 & Pract.- 1) Full Marks- 75 (Theory: 40, Practical: 20 & Internal Assessment: 15)</p> <p>Theory: Unit- 1: Health and Health Education</p> <p>1.1 Concept, Definition, Spectrum and Dimension of Health.</p> <p>1.2 Definition, aim, objectives, Importance and principles of Health Education</p> <p>Practical Introduction:</p> <p>1. Physical Fitness Test through AAHPERD (10 Marks)</p> <p>SEMESTER- II Course Title: Sports Massage Course Type: Skill Enhancement Course (Code: 2051) Credit: 3 (Practical: 3) Full Marks- 50 (Practical: 40 & Internal Assessment: 10) Unit- 1: Historical and Scientific Background of Massage (Record Book Preparation) P- 30H 1.1 Massage in Ancient time in India and abroad</p> <p>SEMESTER- II, MINOR:</p> <p>Course Title: Health and Life Style Management Course Type: Minor (Code: PEDS2021) Credit: 4 (Lect.- 3 & Tuto.- 1) Full Marks- 75 (Theory: 60 & Internal Assessment: 15)</p> <p>Unit- 1: Health and Health Education 1.2 Concept, Definition, Spectrum and Dimension of Health</p> <p>SEMESTER- II Course Title: Yoga Vyayama Course Type: Multi/Interdisciplinary (Code: PEDS2031) Credit: 3 (Practical: 3) Full Marks- 50 (Practical: 40 & Internal Assessment: 10)</p> <p>Unit- 2: Asanas 1. Vishramasana</p>	4	<p>CORE PAPER- 4: Health Education, Physical Fitness and Wellness Course Code- CC1D Total number of classes – 60</p> <p>Theory: Unit- I: Introduction 1.1. Concept, definition and dimension of Health. 1.2. Definition, aim, objectives and principles of Health Education.</p> <p>Practical</p> <p>LAB PRACTICAL 1. First-aid Practical- Triangular Bandage: Slings (Arm Sling, Collar & Cuff Sling), Roller Bandages: Simple Spiral, Reverse Spiral, Figure of Eight, Spica.</p>	4	<p>Psychology in Physical Education and Sports Course Code- DSE2 Total number of classes – 60</p> <p>Theory: Unit- I: Introduction. 1.1. Meaning and definition Psychology. 1.2. Importance and scope of Psychology.</p> <p>Health Education and Tests & Measurements in Physical Education (For the students other than Physical Education) Course Code: GE-2 Total number of classes – 60</p> <p>Unit- I: Introduction. 1.1. Concept, definition and dimension of Health. 1.2. Definition, aim, objectives and principles of Health Education.</p> <p>Practical LAB PRACTICAL</p> <p>1. Assessment of Personality, Stress and Anxiety.</p>	4
			4		5	

	<p>(Relaxative Posture): Shavasana, Makarasana 2. Dhyanasana (Meditative Posture): Sukhasana, Padmasana, Vajrasana, Sastikasana</p>					
Feb	<p>Theory:</p> <p>1.3 Health Agencies: World Health Organization (WHO), United Nations Educational Scientific and Cultural Organization (UNESCO)</p> <p>1.4 School Health Program: Health Service, Health Instruction, Health Supervision, Health appraisal and Health Record</p> <p>Practical</p> <p>2. Measurement of Health related physical fitness (10 Marks)</p> <p>SEMESTER- II Course Title: Sports Massage Course Type: Skill Enhancement Course</p> <p>1.2 Relationship of Anatomy and Physiology to massage and body work</p> <p>SEMESTER- II, MINOR:</p> <p>1.2 Definition, aim, objectives, Importance and principles of Health Education</p> <p>SEMESTER- II Course Title: Yoga Vyayama</p> <p>3. Swasthyasana(Cutural Posture): Standing Posture: Ardhachandrasana, Brikshasana, Padahastasana Sitting Posture: Ardhakurmasana, Paschimottanasana, Gomukhasana</p>	3 3	<p>Theory:</p> <p>1.3. Health Agencies- World Health Organization (WHO), United Nations Educational Scientific and Cultural Organization (UNESCO). 1.4. School Health Program- Health Service, Health Instruction, Health Supervision, Health appraisal and Health Record.</p> <p>Practical LAB PRACTICAL</p> <p>2. Practical knowledge on Hydro-therapy and Thermo-therapy</p>	8 3	<p>Theory:</p> <p>1.3. Meaning and definition Sports Psychology. 1.4. Need for knowledge of Sports Psychology in the field of Physical Education.</p> <p>Course Code: GE-2 1.3. Health Agencies- World Health Organization (WHO), United Nations Educational Scientific and Cultural Organization (UNESCO).</p> <p>Practical LAB PRACTICAL</p> <p>2. Measurement of Reaction Time, Depth Perception and Mirror Drawing (any one).</p>	4 4 2
Mar	<p>Theory:</p> <p>Unit- 2: Health Problems in India- Prevention and Control</p> <p>Practical</p> <p>3. Measurement of Health related physical fitness (10 Marks)</p> <p>SEMESTER- II Course Title: Sports Massage Course Type: Skill Enhancement Course</p> <p>1.3 Physiological changes during massage- muscular, circulatory, lymph-vascular system</p> <p>SEMESTER- II, MINOR:</p>	3 3	<p>Theory:</p> <p>2.1. Communicable Diseases- Malaria, Dengue and Chicken Pox. 2.2. Non-communicable Diseases- Obesity, Diabetes and AIDS.</p> <p>Practical</p> <p>Gymnastics and Yoga Course code: SEC 2</p> <p>GYMNASTICS</p> <p>1. Compulsory 1.1. Forward Roll 1.2. T-Balance 1.3. Forward Roll with Split leg 1.4. Backward Roll 1.5. Cart-Wheel</p>	4 5	<p>Theory:</p> <p>Unit- II: Learning</p> <p>2.1. Meaning and definition of learning. 2.2. Theories of learning and Laws of learning.</p> <p>Course Code: GE-2 1.4. Nutrition- Nutritional requirements for daily living. Balance Diet. Health disorders due to deficiencies of Vitamins and Minerals.</p> <p>BALL GAMES Course code: SEC4 FOOTBALL</p> <p>A. Fundamental Skills 1. Kicking: Kicking the ball with inside of the foot, Kicking the ball with Full Instep of the</p>	4 4 3

	<p>1.3 Health Agencies: World Health Organization (WHO), United Nations Educational Scientific and Cultural Organization (UNESCO)</p> <p style="text-align: center;">SEMESTER- II Course Title: Yoga Vyayama</p> <p>Supine Posture: Setubandhasana, Halasana, Matsyasana Prone Posture: Bhujangasana, Salvasana, Dhanurasana</p>				<p>foot, Kicking the ball with Inner Instep of the foot, Kicking the ball with Outer Instep of the foot and Lofted Kick. 2. Trapping: Trapping- the Rolling ball, and the Bouncing ball with sole of the foot.</p>	
Apr	<p>Theory:</p> <p>2.1 Communicable Diseases: Malaria, Dengue and COVID-19</p> <p>Practical</p> <p>1. Physical Fitness Test through AAHPERD (10 Marks)</p> <p>SEMESTER- II Course Title: Sports Massage Course Type: Skill Enhancement Course</p> <p>1.4 Roll of Therapeutic massage in stress and pain</p> <p>SEMESTER- II, MINOR:</p> <p>School Health Program: Health Service, Health Instruction, Health Supervision, Health appraisal and Health Record</p> <p style="text-align: center;">SEMESTER- II Course Title: Yoga Vyayama</p> <p>Supine Posture: Setubandhasana, Halasana, Matsyasana Prone Posture: Bhujangasana, Salvasana, Dhanurasana</p>	3 3	<p>Theory:</p> <p>2.3. Nutrition- Nutritional requirements for daily living. Balance Diet. Health disorders due to deficiencies of Vitamins and Minerals.</p> <p>Practical Gymnastics and Yoga Course code: SEC 2</p> <p>2.1. Dive and Forward Roll 2.2. Hand Spring 2.3. Head Spring 2.4. Neck Spring 2.5. Hand Stand and Forward Roll 2.6. Summersault</p>	4 4	<p>Theory:</p> <p>2.3. Learning curve: Meaning and Types.</p> <p>LAB PRACTICAL</p> <p>1. Assessment of Personality, Stress and Anxiety (any one)</p> <p>Course Code: GE-2 Unit- III: Measurement of Body Compositions and Somatotype Assessment</p> <p>3.1 Body Mass Index (BMI)- Concept and method of measurement.</p> <p>BALL GAMES Course code: SEC4 FOOTBALL</p> <p>3. Dribbling: Dribbling the ball with Instep of the foot, Dribbling the ball with Inner and Outer Instep of the foot. 4. Heading: In standing, running and jumping condition. 5. Throw-in: Standing throw-in and Running throw-in.</p>	2 2 4
May	<p>Theory:</p> <p>2.2 Life style Diseases (Hypokinetic): Obesity and Diabetes</p> <p>Practical</p> <p>1. Physical Fitness Test through AAHPERD (10 Marks)</p> <p>SEMESTER- II Course Title: Sports Massage Course Type: Skill Enhancement Course</p> <p>1.4 Roll of Therapeutic massage in stress and pain</p> <p>SEMESTER- II, MINOR:</p> <p>Unit- 2: Metabolic Disorders and Lifestyle Management</p> <p>2.1 Life style Diseases (Hypokinetic): Obesity and</p>	4 3	<p>Theory:</p> <p>2.4. Postural deformities- Causes and corrective exercise of Kyphosis, Lordosis, Scoliosis, Knock Knees and Flat Foot.</p> <p>Practical YOGA</p> <p>3. Asanas 3.1. Standing Position 3.4 Prone Position 3.1.1. Ardachandrasana 3.4.1 Bhujangasana 3.1.2. Brikshasana 3.4.2 Salvasana 3.1.3. Padahastanasana 3.4.3 Dhanurasana</p> <p>3.2. Sitting Position 3.5 Inverted Position 3.2.1. Ardhakurmasana 3.5.1 Sarbanganasana 3.2.2. Paschimottanasana 3.5.2 Shirsasana 3.2.3. Gomukhasana 3.5.3 Bhagrasana</p>	3 5	<p>Theory:</p> <p>2.4. Transfer of learning- Meaning, definition type and factors affecting transfer of Learning.</p> <p>LAB PRACTICAL</p> <p>2. Measurement of Reaction Time, Depth Perception and Mirror Drawing (any one).</p> <p>Course Code: GE-2 3.2 Body Fat- Concept and method of measurement. 3.3 Lean Body Mass (LBM)- Concept and method of measurement.</p> <p>BALL GAMES Course code: SEC4 FOOTBALL</p> <p>6. Feinting: With the lower limb and upper part of the body. 7. Tackling: Simple Tackling, Slide Tackling. 8. Goal Keeping: Collection of Ball, Ball clearance- kicking, throwing and deflecting.</p>	3 2 3 4

	<p>Diabetes 2.2 Life style Diseases (Hyperkinetic): Hypertension and Psychological Disorder- Stress</p> <p>SEMESTER- II Course Title: Yoga Vyayama</p> <p>Vishramasana (Relaxative Posture): Shavasana, Makarasana 2. Dhyanasana (Meditative Posture): Sukhasana, Padmasana, Vajrasana, Sastikasana 3. Swasthyasana(Cutural Posture): Standing Posture: Ardhachandrasana, Brikshasana, Padahastasana Sitting Posture: Ardhakurmasana, Paschimottanasana, Gomukhasana Supine Posture: Setubandhasana, Halasana, Matsyasana Prone Posture: Bhujangasana, Salvasana, Dhanurasana</p>					
June	<p>Theory:</p> <p>2.3 Life style Diseases (Hyperkinetic): Hypertension and Psychological Disorder- Stress</p> <p>2.4 Postural Disorders- Spine: Kyphosis, Lordosis, Scoliosis; Leg: Bow leg, Knock knee, Flat Foot</p> <p>Practical</p> <p>2 Measurement of Health related physical fitness (10 Marks)</p> <p>SEMESTER- II Course Title: Sports Massage Course Type: Skill Enhancement Course</p> <p>1.4 Roll of Therapeutic massage in stress and pain</p> <p>SEMESTER- II, MINOR:</p> <p>2.3 Postural Disorders- Spine: Kyphosis, Lordosis, Scoliosis; Leg: Bow leg, Knock knee, Flat foot</p> <p>2.4 Hygiene: Personal and Community hygiene, Hygienic practices for all seasons and inclimate weather</p> <p>SEMESTER- II Course Title: Yoga Vyayama</p> <p>Vishramasana (Relaxative Posture): Shavasana, Makarasana 2. Dhyanasana (Meditative Posture): Sukhasana, Padmasana, Vajrasana, Sastikasana 3. Swasthyasana(Cutural Posture): Standing Posture: Ardhachandrasana, Brikshasana,</p>	<p>3</p> <p>4</p>	<p>Theory:</p> <p>Discuss with students & class exam.</p> <p>Practical</p> <p>3.3. Supine Position 3.3.1. Setubandhasana 3.3.2. Halasana 3.3.3. Matsyasana</p> <p>4. Pranayama 4.1. Kapalbhathi 4.2. Bhramri 4.3. Anulam Vilom</p>	<p>1</p> <p>5</p>	<p>Theory:</p> <p>Discuss about theory part and internal exam.</p> <p>Course Code: GE-2 3.4 Somatotype- Concept and method of Assessment.</p> <p>BALL GAMES Course code: SEC4 FOOTBALL 9. Game practice with application of Rules and Regulations. B. Rules and their interpretation and duties of officials.</p>	<p>1</p> <p>2</p> <p>4</p>

Padahastasana Sitting Posture: Ardhakurmasana, Paschimottanasana, Gomukhasana Supine Posture: Setubandhasana, Halasana, Matsyasana Prone Posture: Bhujangasana, Salvasana, Dhanurasana					
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Mr. Bappa Sanguin, HOD
Department of Physical Education & Sports,
Suri Vidyasagar College, Suri, Birbhum

Color combination for semester I teaching plan:

VIOLET COLOR- MAJOR SUBJECT

RED COLOR- SEC SUBJECT

BLACK COLOR- MINOR SUBJECT

GREEN COLOR- ID SUBJECT

DEPARTMENT OF PHYSICAL EDUCATION

TEACHING PLAN OF Mr. Aditya Mondal
Physical Education (General) (2023-24) (July 2023 – June 2024)

Month	Sem-I Major (4year and 3year) and Minor	No. of Lecture	Sem-III (G)	No. of Lecture	Sem-V (G)	No. of Lecture
Jul	MAJOR THEORY Unit-II Ayurveda: Concept of human ,Vyayama (exercise) Krida (Sports) History of Physical Education Historical Development of Physical education and sports in India pre-Independence period and post-Independence period. PRACTICAL Physical Fitness Test through AAHPERD	6	THEORY CC1C: Circulatory System Unit III: Blood-Composition and function. Heart- Structure and functions. Mechanism of blood circulation through heart.	8	THEORY DSE1: Fitness Test Unit III: Kraus-Weber Muscular Strength Test. AAHPER Youth Fitness Test.	6
	MINOR Theory Unit- II Historical Development of Physical education and sports in India pre-Independence period and post-Independence period.	3	PRACTICAL CC1C: LAB PRACTICAL Assessment of Heart rate THEORY SEC1: Field events Long Jump, High Jump, Shot Put	2	THEORY DSE1: LAB & FIELD Unit: Assessment of AAHPER Youth Fitness Test	2
				3	THEORY SEC3: Indian Games KABADDI and KHO-KHO	4
					GE1:History of Physical Education Historical development of Physical Education and Sports in India-Pre-Independence period and Post-Independence period.	3
	MULTI/INTERDISCIPLINARY Concept of Wellness	1				
	Skill Enhancement Course Rhymes Exercise	1				
Aug	MAJOR THEORY Unit-II Yoga Unit- III Ancient Olympic Games	4	THEORY CC1C: Circulatory System Unit III: Heart-Structure and functions. Mechanism of blood circulation through heart. PRACTICAL CC1C: Assessment of Heart rate, Blood Pressure THEORY SEC1: Field event Discuss Throw, Javelin Throw	5	THEORY DSE1: Fitness Test Unit -III: Queens College Step Test, Harvard Step Test THEORY DSE1: LAB & FIELD PRACTICAL Unit: Assessment Harvard Step Test	2
				2	THEORY SEC3: Racket Sports BADMINTON	2
				2	Theory GE1: Ancient Olympic Games	4

	MINOR Theory Unit-II National Sports Awards: Major Dhyan Chand Khel Ratna Award, Arjuna Award, Dronacharya Award Unit-III Ancient Olympic Games	4			Modern Olympic Games.	
	Multi/Interdisciplinary Aim and Objectives of Wellness	1				
	Skill Enhancement Course Mimicking Exercise	1				
Sept	MAJOR THEORY Unit- III Modern Olympic Games: History, Objectives, Motto, Flag, Emblem, Torch, Oath, Olympic Village, Opening, Victory and Closing Ceremony	4	THEORY CC1C: Circulatory System Unit III: Blood Pressure, Athletic Heart and Bradycardia.	6 2	THEORY DSE1: Sports Skill Test Unit IV: Lockhart and McPherson Badminton Skill Test, Johnson Basketball Test Battery	4
	MINOR Theory Unit-III Modern Olympic Games: History, Objectives, Motto, Flag, Emblem, Torch, Oath, Olympic Village, Opening, Victory and Closing Ceremony	4	PRACTICAL CC1C: Assessment of Heart rate, Blood Pressure, Respiratory Rate,	2	PRACTICAL DSE1: FIELD PRACTICAL Unit: Assessment of AAHPER Youth Fitness Test	2
	Multi/Interdisciplinary Components of	1	PRACTICAL SEC1: Track and Field Long Jump and High jump:		SEC3: Racket Sports BADMINTON GE1:	2
	Wellness Skill Enhancement Course Partner Exercise	1				
Oct	MAJOR THEORY Unit-III Brief historical background of Asian Games and Commonwealth Games.	4	THEORY CC1C: Circulatory System and Respiratory System Unit III and IV: Effect of exercise on circulatory system.	4	THEORY DSE1: Sports Skill Test Unit-IV:McDonald Soccer Test, Brady Volleyball Test	3
	MINOR Theory Unit-III Historical background of Commonwealth and Asian Games	4	Structure. PRACTICAL CC1C: Assessment of	2	PRACTICAL DSE1: FIELD PRACTICAL Unit: Harvard Step Test	2
					SEC3: Indian Games	2

	Multi/Interdisciplinary	1	Heart rate, Blood Pressure, Respiratory Rate, and Pick Flow Rate.	2	KABADDI GE1: Asian Games	
	Skill Enhancement Course Recreational Games- Individual	1	PRACTICAL SEC1: Field events Shot put: Holding the Shot, Placement, Initial Stance, Glide, Delivery Stance and Recovery (Perry O'Brien Technique).			
Nov	MAJOR Practical Preparation of record book of Indian Sports performance: Olympic, Commonwealth and Asian Games	3	Theory: Respiratory System Unit IV: function of Respiratory organs. Mechanism of Respiration. PRACTICAL CC1C: LAB PRACTICAL Assessment of Heart rate, Blood Pressure, Respiratory Rate, and Pick Flow Rate PRACTICAL SEC1: Field events Discus Throw: Holding the Discus, Initial Stance, Primary Swing, Turn, Release and Recovery.	6 2 2	PRACTICAL DSE1: Fitness Test Kraus-Weber Muscular Strength Test AAHPER Youth Fitness Test Queens College Step Test Harvard Step Test PRACTICAL DSE1: FIELD PRACTICAL Unit AAHPER Youth Fitness Test SEC3: Indian Games KHO-KHO GE1:Exercise Sciences Unit-IV:Meaning, definition and importance and Exercise Physiology. Effects of short and long term exercise on Muscular systems.	4 1 1 3
	MINOR Theory Unit-III Indian Sports performance: Olympic, Commonwealth and Asian Games	2				
	Multi/Interdisciplinary Importance of Wellness in the Modern Society	1				
	Skill Enhancement Course Recreational Games- Group	1				
Dec	MAJOR Theory Yoga PRACTICAL Physical Fitness Test through AAHPERD	4 2	THEORY CC1C: Respiratory System Unit IV: Vital Capacity, O2 Debt and Second Wind. Effect of exercise on respiratory system. Practical CC1C: Assessment of Heart rate, Blood Pressure, Respiratory Rate, and Pick Flow Rate. PRACTICAL	3 2 2	PRACTICAL DSE1: Sports Skill Test Unit- IV: Lockhart and McPherson Badminton Skill Test Johnson Basketball Test Battery McDonald Soccer Test Brady Volleyball Test PRACTICAL DSE1: FIELD PRACTICAL Harvard Step Test SEC3: Racket Sports	4 1 1
	MINOR Theory Sports schemes in India	2				

	Multi/Interdisciplinary Importance of Wellness in the Modern Society	1	SEC1: Field events Javelin Throw: Grip, Carry, Release and Recovery.		BADMINTON GE1:Exercise Sciences Unit-IV: Effects of short and long term exercise on Circulatory System, Effects of short and long term exercise on Respiratory System.	3
	Skill Enhancement Course Recreational Games- with Teacher / Parents	1				
	Sem-II Major (4year and 3year) and Minor		Sem-IV (G)		Sem-VI (G)	
Jan	MAJOR THEORY Unit-III Course Title: Health and Wellness Education Unit- 3: Diet and Nutrition Concept of diet; Meaning, definition and role of Nutrition	5	THEORY CC1D: PHYSICAL FITNESS AND WELLNESS Unit III: Physical Fitness- Meaning, definition and Importance of Physical Fitness. Components of Physical Fitness- Health and Performance related Physical Fitness.	6	THEORY DSE2: PSYCHOLOGICAL FACTORS Unit-III:Motivation- Meaning, definition, type and importance of Motivation in Physical Education and Sports, Emotion- Meaning, definition, type and importance of Emotion in Physical Education and Sports.	5
	MINOR THEORY Unit-III Diet and Nutrition Concept, meaning, definition, Nutrition and health for all ages	4	PRACTICAL CC1D: LAB PRACTICAL First-aid Practical- Triangular Bandage: Slings (Arm Sling, Collar & Cuff Sling), Roller Bandages: Simple Spiral, Reverse Spiral, Figure of Eight, Spica.	2	PRACTICAL DSE2: LAB PRACTICAL Assessment of Personality	2
	Multi/Interdisciplinary Course Title: Yoga Vyayama Theory Unit-II Vishramasana (Relaxative Posture): Shavasana, Makarasana	1	THEORY SEC2: GYMNASTICS Forward Roll T-Balance	2	SEC4: FOOTBALL Fundamental Skills GE2: HEALTH AND FIRST-AID MANAGEMENTS Unit - II: First aid- Meaning, definition, importance and golden rules of First- aid, Concept of sports injuries- Sprain, Strain, Fracture and Dislocation.	3
	Skill Enhancement Course Theory Unit-III	1				

	Compression and Broadening					
	VAC: - Theory Unit-II HEALTH& WELLNESS, YOGA EDUCATION, SPORTS AND FITNESS Human Development through Yogic Practices for Pancha Kosha (Annamaya Khosha, Prana maya Kosha, Mona maya Kosha, Vijnanavada Kosha and Ananda maya Kosha) and integration with Ashtanga Yoga of Patanjali.	2				
Feb	MAJOR THEORY Unit-III Macro nutrients and micro nutrients. Role of macro and micro nutrients for exercise. PRACTICAL Physical Fitness Test through AAHPERD	4	THEORY CC1D: PHYSICAL FITNESS AND WELLNESS Unit-III: Concept of Wellness. Relationship between Physical activities and Wellness. Ageing- Physical activities and its importance. PRACTICAL CC1D: LAB PRACTICAL First-aid Practical- Triangular Bandage: Slings (Arm Sling, Collar & Cuff Sling), Roller Bandages: Simple Spiral, Reverse Spiral, Figure of Eight, Spica. THEORY SEC2: GYMNASTICS Forward Roll with Split leg Backward Roll	5	THEORY DSE2: PSYCHOLOGICAL FACTORS Unit-III: Personality- Meaning, definition and type Personality traits, Role of physical activities in the development of personality.	4
	MINOR Theory Unit-III Macro nutrients and micro nutrients Role of macro and micro nutrients for exercise	2		2	PRACTICAL DSE2: LAB PRACTICAL Assessment of Stress and Anxiety.	2
	Multi/Interdisciplinary Dhyanasana (Meditative Posture): Sukhasana, Padmasana, Vajrasana, Sastikasana	1		3	SEC4: FOOTBALL Fundamental Skills	2
	Skill Enhancement Course Unit-III Friction	1			GE2: Health and First-aid Managements Unit-II: Postural deformities- Causes and corrective exercise of Kyphosis, Lordosis, Scoliosis, Knock Knees and Flat Foot, Hypo-kinetic Diseases and Physical Activities- Obesity and Diabetes.	4

	<p>HEALTH& WELLNESS, YOGA EDUCATION, SPORTS AND FITNESS</p> <p>Human Development through Yogic Practices for Pancha Kosha (Annamaya Kosha, Prana maya Kosha, Mona maya Kosha, Vijnanavada Kosha and Ananda maya Kosha) and integration with Ashtanga Yoga of Patanjali.</p>		Cart-Wheel			
Mar	<p>MAJOR THEORY Unit-III Concept of Balance Diet: Factors and Importance</p> <p>PRACTICAL Measurement of Health-related physical fitness</p>	4	<p>THEORY CC1D: HEALTH AND FIRST-AID MANAGEMENT Unit IV: First aid-Meaning, definition, importance and golden rules of First-aid. Concept of sports injuries- Sprain, Strain, Fracture and Dislocation.</p> <p>PRACTICAL CC1D: First-aid Practical-Triangular Bandage: Slings (Arm Sling, Collar & Cuff Sling), Roller Bandages: Simple Spiral, Reverse Spiral, Figure of Eight, Spica.</p> <p>THEORY SEC2: GYMNASTICS Unit 2: OPTIONAL Dive and Forward Roll Hand Spring Head Spring</p>	5	<p>THEORY DSE2: STRESS AND ANXIETY Unit-IV: Stress-Meaning, definition and types of Stress. Causes of Stress.</p> <p>PRACTICAL DSE2: Assessment of Personality, Stress and Anxiety</p> <p>SEC4: FOOTBALL Fundamental Skills</p> <p>THEORY GE2: Fitness Test Unit-IV: Kraus-Weber Muscular Strength Test, AAHPER Youth Fitness Test.</p>	3
	<p>MINOR Theory Unit-III Balance Diet: Factors and Importance</p>	2		4	2	
	<p>Multi/Interdisciplinary Skill Enhancement Course</p> <p>SWASTHYASANA (CUTURAL POSTURE): Standing Posture: Ardhashandrasana, Brikshasana, Padahasthasana Sitting Posture: Ardhakurmasana, Paschimottanasana, Gomukhasana</p>	1		2	2	
	<p>Skill Enhancement Course Unit-III Effleurage</p>	1				
	<p>VAC</p> <p>Theory Unit-II</p>	2				

	<p>HEALTH& WELLNESS, YOGA EDUCATION, SPORTS AND FITNESS</p> <p>Human Development through Yogic Practices for Pancha Kosha (Annamaya Kosha, Prana maya Kosha, Mona maya Kosha, Vijnanavada Kosha and Ananda maya Kosha) and integration with Ashtanga Yoga of Patanjali.</p>					
Apr	<p>MAJOR THEORY Unit- 4: Physical Fitness and Wellness.</p> <p>PRACTICAL Physical Fitness Test through AAHPERD</p>	5	<p>THEORY CC1D: HEALTH AND FIRST-AID MANAGEMENT Unit IV: Management of sports injuries through the application of Hydro-therapy and Thermo-therapy</p>	4	<p>THEORY DSE2: Stress and Anxiety Unit- IV: Anxiety-Meaning, definition and types of Anxiety. Management of Stress and Anxiety through physical activity and sports.</p>	4
	<p>MINOR Theory Unit-IV</p> <p>Concept of Physical Fitness</p>	2	<p>PRACTICAL CC1D: LAB PRACTICAL Unit: Practical knowledge on Hydro-therapy and Thermo-therapy.</p>	2	<p>PRACTICAL DSE2: LAB PRACTICAL Measurement of Reaction Time</p> <p>SEC4: VOLLEYBALL Fundamental skills</p>	2
	<p>Multi/Interdisciplinary Skill Enhancement Course SWASTHYASANA (CUTURAL POSTURE): Supine Posture: Setubandhasana, Halasana, Matsyasana Prone Posture: Bhujangasana, Salvasana, Dhanurasana</p>	2	<p>THEORY SEC2: GYMNASTICS Unit: OPTIONAL Neck Spring Hand Stand and Forward Roll Summersaul</p>	2	<p>THEORY GE2: FITNESS TEST Unit-IV: Queens College Step Test , Harvard Step Test</p>	2
	<p>Skill Enhancement Course Unit-III Petrissage</p>	1				
	<p>VAC: -</p> <p>Theory Unit-III</p>	1				

	<p>HEALTH& WELLNESS, YOGA</p> <p>EDUCATION, SPORTS AND</p> <p>FITNESS</p> <p>Concept of Stress according to modern science and yoga, stress as the cause for illness, Sleeping (rhythm of the nature),</p>								
May	<p>MAJOR</p> <p>THEORY</p> <p>. Unit-IV</p> <p>Concept of Physical Fitness. Components of Health related and Performance related Physical Fitness.</p> <p>PRACTICAL</p> <p>Physical Fitness Test through AAHPERD</p>	6	<p>THEORY</p> <p>CCID: HEALTH AND FIRST-AID MANAGEMENT</p> <p>Unit IV: Management of sports injuries through the application of Exercise and Massage therapy.</p> <p>PRACTICAL</p> <p>CCID: LAB PRACTICAL</p> <p>Practical knowledge on Hydro-therapy and Thermo-therapy. Repeat practical Class</p> <p>PRACTICAL</p> <p>SEC2: GYMNASTICS</p> <p>Forward Roll with Split leg Backward Roll Cart-Wheel Dive and Forward Roll Hand Spring Head Spring</p>	4	<p>THEORY</p> <p>DSE2: PSYCHOLOGICAL FACTORS</p> <p>Unit-III: Psychological Factors Repeat practical Class</p> <p>PRACTICAL</p> <p>DSE2: LAB PRACTICAL</p> <p>Measurement of Depth Perception and Mirror Drawing</p> <p>SEC4: VOLLEYBALL</p> <p>Fundamental skills PRACTICAL</p> <p>GE2: FITNESS TEST</p> <p>Unit-IV: Kraus-Weber Muscular Strength Test, AAHPER Youth Fitness Test.</p>	3	2	2	6
	<p>MINOR</p> <p>Theory</p> <p>Unit-IV</p> <p>Components of Health related and Performance related Physical Fitness</p>	2							
	<p>Multi/Interdisciplinary Skill Enhancement Course</p> <p>PRANAYAMA</p> <p>Anulom-Vilom Bhastrika c. Bhramari</p> <p>Skill Enhancement Course</p> <p>Unit-III</p> <p>Petrissage</p>	1							